

# **Pathways Community Resource Guide**

**A PROGRAM OF THE AUGUSTA COUNTY COMMONWEALTH  
ATTORNEY'S OFFICE**

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# PATHWAYS: The Journey to Restoration

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# PATHWAYS: The Journey to Restoration

## PATHWAYS COMMUNITY RESOURCE GUIDE

This resource guide provides community service providers a means for reaching out to one another to best serve the interest of their client. It helps promote collaboration and cooperation among service providers. Perhaps most importantly, it can be used to assist clients in meeting a broad array of social, behavioral, and other health care needs. This Resource Guide may be especially helpful to discharge coordinators, community health workers, patient advocates, volunteers, or other people who will help clients access clinical, behavioral, and social services.

Many hours went into assembling the ***Pathways Community Resource Guide***, and we have a process in place to update listings regularly. All entries will be updated at least semi-annually. However, this resource guide is only as good as participating service providers make it. Therefore, we ask that you contact Pathways at [Pathways@co.augusta.va.us](mailto:Pathways@co.augusta.va.us) if you see something that is inaccurate, not up-to-date, or a service that is no longer available in our community. We will make changes to the electronic version monthly and these will be reflected in the annually published hard copy version of the Pathways Community Resource Guide. Thank you in advance for your assistance.

*Jack Belcher*

Pathways Program Manager

# PATHWAYS: The Journey to Restoration



## Pathways Community Resource Guide

### Purpose

The **Pathways** program was developed by the Augusta County Commonwealth Attorney's Office to address the high prevalence of individuals with significant mental health and/or substance use disorders who impact local law enforcement officers and the judicial system. Through *deflection* (a referral with no legal charges) or *diversion* (a referral to treatment services in lieu of filing or prosecuting criminal charges), **Pathways** becomes a compassionate alternative for individuals experiencing recurring crises, or those facing criminal prosecution, fines, and/or possible incarceration. These individuals may be new to, or frequently find themselves involved with, the criminal justice system. This community resource guide is a tool utilized by Pathways Case Managers to refer and link participants to services that can move them along their unique pathway to recovery and restoration.

### Description

The Pathways Community Resource Guide is a comprehensive, information-packed resource guide that can be utilized by other community service providers to help create and facilitate more complete service plans for clients. It was developed for the purpose of promoting better collaboration and cooperation among community service providers. Let's be honest, no provider, or agency, can provide for all the needs that most clients present with, so the **Pathways Community Resource Guide** helps us all to work together on behalf of our clients.

### Program Description

Pathways is a two-track (6-month and 12-month options), three-phase restorative program that allows the individual to engage in a variety of community services to assist them in developing their own unique pathway to recovery from mental illness, substance abuse, or a combination of both (i.e., cooccurring disorders). The process begins with a referral from a community service provider (e.g., hospital ER, law enforcement officer, primary care physician, EMT, etc.). And once an individual contacts Pathways, they are scheduled for a program screening and evaluation. This assessment can typically occur within 24-hours, but with a goal of scheduling it within no more than 72 hours of the crisis event or initial contact. **Engagement timeliness is one of the most critical elements in the treatment process so we try to steer our participants towards service providers who can see them quickly.**

If the individual is accepted into the Pathways Program, they are assigned a case manager, at no cost to the individual, who will then assist them in identifying any additional service needs (e.g., housing, food assistance, eligibility for other benefits programs, transportation, etc.) and also help link the individual to those service providers within our community. Rarely does a struggling person have a single, unmet need. More often, they are simply unaware of services available within our community, or too overwhelmed to seek them out on their own. Navigating the web of community service agencies can be overwhelming and especially so when someone is in crisis.

The Pathways Program is voluntary, but it requires a firm commitment from the participant and also those in his/her support system. In the absence of a strong support system, program staff (i.e., Case Managers and Peer Recovery Support Specialists), other participants, and other agencies will assist the

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individual in creating one. We believe having a natural support system is a crucial element necessary for sustained recovery. Recovery from mental illness and/or substance abuse is a difficult process. Substance abuse recovery requires more than just abstinence; the individual must develop a sound recovery plan, have resources and the commitment to implement the plan, and constantly make necessary adjustments along the way.

Program graduates will be celebrated. Having met the requirements of the Pathways Program, they *graduate* during a ceremony where key individuals, including supportive family and friends, law enforcement officer(s), judicial system personnel (i.e., Commonwealth Attorney, Assistant Commonwealth Attorney, investigators, other law enforcement personnel), attend to acknowledge the hard work, commitment, and effort the participant has invested in changing their life path.

## **Staff**

Pathways staff include a Program Manager, members of the Augusta Commonwealth Attorney's Office team, Case Managers, and Peer Recovery Support Specialists (PRSS). We believe collaboration, cooperation, and compassion are critical to the growth and sustained recovery of individuals.

## **Time Required**

Pathways has two tracks – a 6-month and 12-month program. There are three phases within each track with specific milestones to be achieved during each phase. During the 12-month track, it generally takes four months to advance through each program phase. Requirements typically include community service in the form of the Litter Control Program (LCP) participation. This requires program participants to provide 8 hours per month of litter pick-up in our community. Participants are also required to meet with their case manager weekly during the initial phase of being in Pathways; the frequency decreases as one progresses through the phases. Routine and random Urine Drug Screenings (UDS) and/or oral swabs may be required depending upon the results of the intake screening and assessment. Participants are required to attend a peer support session monthly; these can be in-person or virtual depending upon the participant's program phase. While not required, we offer a monthly Family & Friends Support Group to the loved ones of the participant or someone these group members would like to see enrolled in our program. Family & Friends Support Group addresses healthier ways to help a loved one by avoiding enabling behaviors. It also provides group members with peers in similar situations to talk about their concerns at any time. Other requirements are dependent upon the assessed needs of each individual at the time of intake and as they progress in the process. Some goals and objectives cited on the participant's recovery plan are not required, only recommended, for successful completion of the Pathways Program. Pathways requires a genuine commitment from the participant, both in their time and the alternative life-decisions they choose to make.

## **Additional Resources**

This brings us to resources. Oftentimes, an individual is simply unaware of the resources available within their own community, too impaired to pursue what they need, or at a loss about how to actually proceed to access any resource they may qualify for. This Community Resource Guide was developed to assist Pathways Case Managers with identifying local community resources that could help our participants in their unique *journey to restoration*.

# PATHWAYS: The Journey to Restoration

This guide will be published (hard copy) annually and updated (electronic version) regularly by Pathways staff and interns. The listings found within are categorized consistent with the service categories found in the **Unite Us** online service providers platform ( <https://app.auth.uniteus.io/> ). Please contact Pathways at [Pathways@co.augusta.va.us](mailto:Pathways@co.augusta.va.us) if you are aware of any additional community resources NOT already included in the **PATHWAYS COMMUNITY RESOURCE GUIDE** so we can add it. Thank you and thank you for all that you do.

## COMMUNITY CLINIC, BEHAVIORAL, SOCIAL SERVICES RESOURCE GUIDE FOR AUGUSTA COUNTY PATHWAYS PROGRAM

### PRIMARY CARE & SPECIALTY PROVIDERS

ORGANIZATION NAME	ADDRESS	NUMBER/EMAIL	RELEVANT SERVICES/INFORMATION
Anthem Health Keeper's Plus	<a href="http://www.mss.anthem.com">www.mss.anthem.com</a>	1 (800) 901-0020	<b>Hours M-F 8am-8pm.</b> Offers Medicaid/Medicare solutions to those in need.
Augusta Health Family Practice (Churchville)	3881 Churchville Ave., Churchville 24421	(540) 213-9260	<b>Hours 8am-4:30pm.</b> <i>Insurance Accepted:</i> Anthem, Aetna, Cigna, Humana, Sentara- Optima, United Healthcare, VA Premier. Can use self-guided estimator. Provide financial assistance for those who qualify
Augusta Health Family Practice (Verona)	1 Green Hills Dr., Verona 24482	(540) 245-7425	<b>Hours M-F 7:30am-5pm.</b> <i>Insurance Accepted:</i> Anthem, Aetna, Cigna, Humana, Sentara- Optima, United Healthcare, VA Premier. Can use self-guided estimator. Provide financial assistance for those who qualify
Augusta Health Internal Medicine (Fishersville)	22 N Medical Park Dr., Fishersville 22939	(540) 213-2630	<b>Hours M-F 8am-4:30pm.</b> <i>Insurance Accepted:</i> Anthem, Aetna, Cigna, Humana, Sentara- Optima, United Healthcare, VA Premier. Can use self-guided estimator. Provide financial assistance for those who qualify
Augusta Health Mobile Clinic	Varies	(540) 332-4000	<b>Allen Chapel</b> (1 <sup>st</sup> Tuesday) 936 Sudbury St., Staunton 24401. <b>Craigsville Town Hall</b> (4 <sup>th</sup> Tuesday) 18 Hidy St., Craigsville 24430. <b>Embrace Center</b> (1 <sup>st</sup> & 3 <sup>rd</sup> Thursday) 932 Fir St., Waynesboro 22980. <b>Shenandoah LGBTQ Center</b> (3 <sup>rd</sup> Tuesday) 13 W Beverley St. 5 <sup>th</sup> Floor, Staunton 24401. <b>Plaza Apartments</b> (4 <sup>th</sup> Thursday) 1316 Barterbrook Rd., Staunton 24401. <b>Valley Mission</b> (2 <sup>nd</sup> Wednesday) 1513 W Beverley St., 24401. <b>Waynesboro YMCA</b> (3 <sup>rd</sup> Wednesday) 648 S Wane Ave., Waynesboro 22980. <b>Grottoes Fire Department</b> (2 <sup>nd</sup> Tuesday) 109 3 <sup>rd</sup> St., Grottoes 24441.
Augusta Health Primary Care (Fishersville)	53 South Medical Park Dr., Fishersville 22939	(540) 332-5687	<b>Hours M-Th 7:30am-5pm, Fri 7:30am-4:30pm.</b> <i>Insurance Accepted:</i> Anthem, Aetna, Cigna, Humana, Sentara- Optima, United Healthcare, VA Premier. Can use self-guided estimator. Provide financial assistance for those who qualify
Augusta Health Primary Care (Stuarts Draft)	2570 Stuarts Draft Hwy #101, Stuarts Draft 24477	(540) 245-7870	<b>Hours M-F 8am-4:30pm.</b> <i>Insurance Accepted:</i> Anthem, Aetna, Cigna, Humana, Sentara- Optima, United Healthcare, VA Premier. Can use self-guided estimator. Provide financial assistance for those who qualify
Augusta Health Primary Care (Waynesboro)	201 Lew Dewitt Blvd. Suite B, Waynesboro 22980	(540) 245-7950	<b>Hours M-Th 8am-4:30pm, Fri 8am-4pm.</b> <i>Insurance Accepted:</i> Anthem, Aetna, Cigna, Humana, Sentara- Optima, United Healthcare, VA Premier. Can use self-guided estimator. Provide financial assistance for those who qualify
Augusta Health Staunton Medical Associates	42 Lambert St. Suite 511, Staunton 24401	(540) 245-7725	<b>Hours M-Th 8am-5pm, Fri 8am-4pm.</b> <i>Insurance Accepted:</i> Anthem, Aetna, Cigna, Humana, Sentara- Optima, United Healthcare, VA Premier. Can use self-guided estimator. Provide financial assistance for those who qualify
Augusta Health Transitional Care	78 Medical Center Dr., Fishersville 22939	(540) 245-7262	Palliative care for people with serious illnesses. Provide patients with relief from symptoms, pain, and stress of condition. Assist with decision-making and end-of-life care and transitions to comfort care and hospice. <i>Insurance Accepted:</i> Private health insurance, Medicare, and Medicaid
Augusta Health Urgent Care (Staunton)	851 Statler Blvd., Staunton 24401	(540) 245-7470	<b>Hours M-F 7am-5pm.</b> Accidents and injuries, physicals, acute illness treatment, and work-related injuries. Outpatient blood-work, x-rays, and mammograms. Accepts walk-in patients. <i>Insurance Accepted:</i> Most private insurances and Medicaid

ORGANIZATION NAME	ADDRESS	NUMBER/EMAIL	RELEVANT SERVICES/INFORMATION
Augusta Health Urgent Care (Stuarts Draft)	2570 Stuarts Draft Hwy #100, Stuarts Draft 24477	(540) 245-7880	<b>Hours M-F 8am-7pm, Weekends 8am-7pm (may vary).</b> Accidents and injuries, physicals, acute illness treatment, and work-related injuries. Accepts walk-in patients only. <i>Insurance Accepted:</i> Most private insurances and Medicaid
Augusta Health Urgent Care (Waynesboro)	201 Lew Dewitt Blvd. Suite A, Waynesboro 22980	(540) 245-7940	<b>Hours M-F 7am-5pm.</b> Accidents and injuries, physicals, acute illness treatment, and work-related injuries. Does blood-work and x-rays. Accepts walk-in patients and Medicaid. <i>Insurance Accepted:</i> Most private insurances and Medicaid
Bath Community Hospital	106 Park Drive, Hot Springs, VA 24445	(540) 839-7000 bathhospital.org	Mental health services for children, adolescents, and adults. Our board-Certified physicians along with our Family Nurse Practitioners, offer comprehensive healthcare services for the entire family. The clinics are available to perform complete medical histories; complete pre-employment, sports, and pre-surgical physical examinations; assessment of health status; routine laboratory and diagnostic tests; diagnosis and treatment for common acute and chronic health problems and medical conditions; and provide limited immunizations.
Bath County Health Clinic	51 Courthouse Hill Rd, Warm Springs, VA 24484	(540) 839-7246 : <a href="http://www.vdh.virginia.gov">www.vdh.virginia.gov</a>	promote health and wellness through the provision of behavioral health, substance use, developmental and prevention services.
Brain Injury Connections of the Shenandoah Valley, Inc.	JMU Campbell Building, 755 M.L.K. Jr Way, Harrisonburg 22801	(540) 568-8923 <a href="http://www.bicsv.org">www.bicsv.org</a>	<b>Hours M-F 9am-4pm.</b> Provide services for individuals affected by brain injury. Services may include case management, community support services (life skills training), behavior support facilitation, education/outreach, professional and case consultation. No cost for services.
Carilion Clinical Family Medicine (Staunton)	40 Lambert St. Suite 522, Staunton 24401	(540) 885-3525	<b>Hours M-Th 7:30am-5pm.</b> Acute care, immunizations, laboratory, physical exams, well visits. <i>Insurance Accepted:</i> Most private insurances, Medicaid, and Medicare
Carilion Clinical Family Medicine (Waynesboro)	428 S Magnolia Ave., Waynesboro 22980	(540) 949-8241	<b>Hours M-F 7:30am-5pm.</b> Acute care, immunizations, laboratory, physical exams, well visits. <i>Insurance Accepted:</i> Most private insurances, Medicaid, and Medicare
Comfort Care Women's Health (Staunton)	12 Hedgerow Dr., Staunton 24401	(540) 885-6261	<b>Hours M-Th 8am-5pm, F 8am-1pm.</b> Free services include nurse's consultation and pregnancy testing, pregnancy confirmation, medical consultation, pregnancy options counseling, abortion info consultation, STI testing, and adoption information.
Every Woman's Life Program	78 Medical Center Dr., Fishersville 22939	(540) 332-4000	Provide free breast and cervical services to low income, uninsured women ages 18-64. Services covered include clinic visit and self-breast examination lesson, breast and cervical screening exams. <a href="http://www.augustahealth.com/service/every-womans-life-program/">www.augustahealth.com/service/every-womans-life-program/</a>
Health Equipment Program Loan	3925 Churchville Ave., Churchville 24421	(540) 324-6186 <a href="mailto:helpfacility@comcast.net">helpfacility@comcast.net</a>	Hours T 9am-12pm, Th 4pm-7pm, Sat 10am-2pm. No age, disability, residency, or financial restrictions to take loan from closet. Items are free.
Healthy Families of the Blue Ridge	Sentara RMH Atrium, 2000 Beery Rd., Harrisonburg 22801	(540) 564-5661 <a href="mailto:Nbgarcia@sentara.com">Nbgarcia@sentara.com</a>	Helps first-time parents learn about how children develop, how to keep children healthy, and how to prepare children to do well in school. For first-time parents living in Augusta, Bath, Highland, and Rockingham counties and cities of Harrisonburg, Staunton, and Waynesboro. May apply before baby is born or up to three months after baby's birth. All



ORGANIZATION NAME	ADDRESS	NUMBER/EMAIL	RELEVANT SERVICES/INFORMATION
			services free. <a href="http://www.sentara.com/healthwellness/community-health-programs/healthy-families-of-blue-ridge">www.sentara.com/healthwellness/community-health-programs/healthy-families-of-blue-ridge</a>
Hospice of the Shenandoah	64 Sports Medicine Dr., Fishersville 22939	Main: (540) 332-4909 New Patient: (540) 332-5959	Provides hospice care. Method of care brought to a patient's home. <a href="http://www.augustahealth.com/service/hospice">www.augustahealth.com/service/hospice</a>
MedExpress Urgent Care	1209 Richmond Ave., Staunton 24401	(540) 885-0629	<b>Hours every day 8am-8pm.</b> Illness, wellness, injury, and work-related services. <i>Insurance Accepted:</i> Most private insurances, Medicaid, Medicare, Tricare
Patient Care Plus	42 Lambert St. #111, Staunton 24401	(540) 885-6789	<b>Hours M-Th 8:30am-5pm, F 8am-2pm.</b> Treatment for a variety of injuries and illnesses. Take care of workers comp injuries, occupational testing, and family medical care. Can help manage chronic health conditions like diabetes, high blood pressure, high cholesterol, thyroid issues, suboxone care. <i>Insurance Accepted:</i> Most insurances accepted, Medicaid (excludes Molina and Magellan)
Rockbridge Area Health Clinic	25 Northridge Lane, Lexington, VA 24450	(540)464 8700	offers high-quality, comprehensive healthcare services to anyone seeking access to care. Medical, dental, behavioral health, and medication assistance is available to patients of all ages who are insured, uninsured, and to those with Medicaid and Medicare. Additional savings are available through an income-based sliding fee discount program.
Staunton-Augusta -Waynesboro Health Department	1414 N Augusta St., Staunton 24401	(540) 332-7830	<b>Hours 8am-4:30pm.</b> HIV/TB testing, HIV/AIDS, TB, and STD prevention/education, TB/STD treatment, Hepatitis A/B vaccine, Ryan White services, PrEP navigation, and case management. <i>Insurance Accepted:</i> Most private insurances, Medicaid, sliding scale, PrEP for uninsured
Staunton Eye Clinic	2010 N Augusta St., Staunton 24401	(540) 885-8186  Stneyeclinic@gmail.com	<b>Hours M-Th 8am-4pm.</b> Routine eye exams and contact lens exams for all ages. Treat conjunctivitis, glaucoma, macular degeneration, diabetic eye disease, ocular lid conditions, foreign body removal, and red eyes. <i>Insurance/Payment Accepted:</i> Most private insurances, Medicare, Medicaid, and Tricare Vision Plans: EyeMed, VSP, Davis, March Vision, NVA, Spectra, Superior, and Versant
Staunton Veterans Clinic VA	102 Lacy B King Way, Staunton 24401	(540) 886-5777	<b>Hours M-F 8am-4:30pm.</b> Laboratory/clinical testing, mental health care, orthopedics, and primary care services.
UVA Primary Care Waynesboro	1850 Rosser Ave., Waynesboro 22980	(540) 942-1200	<b>M-F 8:15am-4:30pm.</b> General healthcare, sees patients ages 14 and older, gynecological services, testing and procedures. Can apply for financial assistance to assist with paying for medical bills. <i>Insurance Accepted:</i> Most private insurances, Medicare, Medicaid, Tricare
UVA Stuarts Draft Family Practice	24 Gloucester Rd., Stuarts Draft 24477	(540) 337-3710	<b>Hours M-F 7am-7pm.</b> General healthcare from infants to adults. Gynecological services, testing and procedures. <i>Insurance Accepted:</i> Most private insurances, Medicare, Medicaid, Tricare
VA Department of Veterans Services (Staunton)	1600 N Coalter St. Suite 17B., Staunton 24401	(540) 332-8900  shannonmowery@dvs.virginia.gov	<b>Hours M-F 8:30-3pm.</b> Assist with benefits, veteran and family support, veteran's education, transition and employment, care centers, veterans' cemeteries, and the Virginia War Memorial. For counties of Augusta, Bath, Highland, Rockbridge, Rockingham, and cities of Buena Vista, Harrisonburg, Staunton, and Waynesboro.

## BEHAVIORAL HEALTH PROVIDERS- PARTNERS OF PATHWAYS PROGRAM

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	RELEVANT SERVICES/INFORMATION
<b>ARROW Project</b> 11 Middlebrook Ave., Staunton 24401	Front Desk Sabrina	(540) 255-0972 hello@arrow-project.com	Outpatient therapy including structural family therapy, attachment-focused therapy, trauma-informed treatment, and restorative justice treatment. Has services related to community engagement and have a psychological assessment center. <i>Insurance/Payment Accepted:</i> Aetna, Anthem BCBS and Health keepers, Cigna, Magellan, United Healthcare, Virginia Premier, and Medicaid. Uses sliding scale. Accepting Referrals.
<b>Brightview</b> 16 Pleasant Hill Rd., Harrisonburg 22801	Call Center 24/7 M-F 8:30-5pm Walk-in hours weekdays until 3:00pm	(888) 501-9865 or (866) 934-7450	Medication assisted treatment, individual/group counseling, social service support, and case management for co-occurring disorders and care for patients with drug or alcohol addiction. <i>Insurance/Payment Accepted:</i> Aetna, Anthem, CareSource, Molina, Humana, Paramount, United Healthcare, Medicare
<b>BHG Staunton</b> 15 Green Hills Dr. Suite 6 and 7, Staunton 24401	Jennifer Brugh	(540) 217-6366	Individual/group counseling and case management, outpatient opioid medication-assisted treatments, coordinate care with outside resources. Hours M-F 5-10am, Saturdays 6-9am. <i>Insurance/Payment Accepted:</i> Medicaid, Blue Cross Blue Shield, Humana, Optum, Cigna, Medicare
<b>DARS (Aging/Rehabilitative Services)</b> 50 Andrew Russell Ln. Suite A, Fishersville, 22939	Jessi Blosser	(540) 332-7700 <a href="mailto:Jessi.blosser@dars.virginia.gov">Jessi.blosser@dars.virginia.gov</a>	Assists individuals with autism, brain injuries, and other disabilities through long-term case management. Services include help finding and maintaining employment, vocational help, and older adults aging services and local resources.
<b>Health Connect America (HCA)</b> 1041 South High St., Harrisonburg 22801	Andrea Kendall	(540) 440-7027 Healthconnectamerica.com <a href="mailto:Andrea.kendall@healthconnectamerica.com">Andrea.kendall@healthconnectamerica.com</a>	Behavioral health counseling, intensive in-home/outpatient, drug/alcohol medication-assisted treatment, patient/family education, care coordination, peer support, psychiatry. <i>Insurance/Payment Accepted:</i> Medicaid, Commercial insurances limited
<b>Region 10</b> 800 Preston Avenue, Charlottesville 22903	Aretha Watkins	(434) 972-1800 Schedule Appt- (434) 970-1452 <a href="mailto:Aretha.watkins@region10.org">Aretha.watkins@region10.org</a>	Mental health, developmental disability, and substance use services, individual/group therapy, case management, health clinic (medications) next door, psychiatry. Outpatient, intensive outpatient, day support, residential programs. <i>Insurance/Payment Accepted:</i> Medicaid, Private insurance, cash/self-payment (slide fee scale based on income)
<b>Spero Health</b> 2303 North Augusta St. Suite B, Staunton 24401	Richard Kirby	(540) 550-5194 <a href="mailto:Rick.kirby@sperohealth.com">Rick.kirby@sperohealth.com</a>	Group/individual counseling, medication-assisted therapy for substance use, care coordination, and outpatient addiction treatment. Telehealth M-F 8:30-5pm. <i>Insurance/Payment Accepted:</i> Medicaid, Medicare, most Private insurance (excludes Sigma)
<b>Valley Community Services Board (SMART)</b> 85 Sangers Ln., Staunton 24401	Front Desk	Main: (540) 887-3200 Other: (540) 943-5515 Myvalleycsb.org	Wide range of services for behavioral and mental health counseling for children/adults, case management, psychiatric services, help with intellectual/developmental disabilities, and substance use services to citizens in Augusta/Highland counties/cities of Staunton/Waynesboro. <i>Insurance/Payment Accepted:</i> Medicaid, Medicare, Tricare, Private insurance, those with no insurance (sliding scale)

## BEHAVIORAL HEALTH PROVIDERS- OTHER ADULT AGENCIES

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	RELEVANT SERVICES/INFORMATION
<b>322 Counseling Group-</b> 322 Lee Hwy, Verona 24482 (currently not accepting new clients)	Heller Murphy	(540) 416-2621 info@322counseling.com	Individual, children/adolescents, family therapy, and sport-focused therapy. Focuses are anxiety, self-esteem, depression, anger management, stress. <i>Insurance/Payment Accepted:</i> Aetna, Anthem, Humana, United Healthcare, Optima (individual counselor can accept

			different insurances), free/discounted care (sliding scale)
<b>Allied Transformations</b> 15 Pratts Run Suite 104, Waynesboro 22980	Front Desk	(540) 609-2570	Individual cognitive/behavioral therapy, dialectical behavior therapy, mindfulness-based stress reduction, trauma solution, LGBT concerns, telehealth. Group therapy in substance abuse, interpersonal relationship skills, support transitioning, grief and loss. <i>Insurance/Payment Accepted:</i> sliding scale based on federal poverty line, can provide insurance reimbursement
<b>Anthem Health Keeper's Plus</b>	Front Desk	1 (800) 901-0020	Helps provide benefits such as Medicare/Medicaid for physical and mental health services. Cardinal Care Medicaid for low-income women who are pregnant with children, uninsured adults and families who meet income guidelines, children in foster care or adoption assistance, and people who get long-term services/support, live in a nursing facility, are aged, blind, or disabled, have been diagnosed with a developmental disability, or also have Medicare. FAMIS for children under 19 with working parents who may not qualify for Medicaid.
<b>ARC of Augusta</b> 1025 Fairfax Ave, Waynesboro, VA 22980	Front Desk	540-490-0234 <a href="http://www.arcofaugusta.org">www.arcofaugusta.org</a> thearcofaugusta@gmail.com	Arc of Augusta, Inc. is a non-profit organization that has served individuals with intellectual and/or developmental disabilities (IDD) in the independent cities of Waynesboro, Staunton and in greater Augusta County
<b>Augusta Health Behavioral Health</b> 79 North Medical Park Dr., Fishersville 22939	For Assistance (540) 332-4000	(540) 213-2525	Individual/group therapy for depression, alcohol/drug abuse (outpatient), adjustment disorders, anxiety/panic disorders, personality disorders, schizoaffective/related disorders. Transitions program is an intensive outpatient program using DBT. <i>Insurance/payment method:</i> Medicaid, Medicare, Tricare, most private insurances
<b>Augusta Health Crossroads</b> 78 Medical Center Dr., Fishersville 22939	For Assistance (540) 332-4000	(540) 332-4060	Inpatient psychiatric stabilization program for adults (20 beds) and geriatrics (8 beds)- medication management, education, coping skills, preparing for outpatient treatment. For persistent feelings of sadness, hopelessness, and anxiety, suicidal behavior/thoughts, severe mood swings/agitation, hearing voices, changes in grooming habits/hygiene, sleep/eating disturbances <i>Insurance/Payment Accepted:</i> Medicaid, Medicare, Tricare, most private insurances
<b>Augusta Psychological Associates</b> 71 Wilson Blvd., Fishersville 22939	Front Desk	(540) 949-4202	Services for anxiety, mood disorders, managing stress/anger, experiencing domestic violence, grief/loss, substance misuse and addiction. Child/adolescent clinicians for ADHD, Autism Spectrum Disorder, behavioral/conduct issues. Psychological/neuropsychological evaluations. Hours M-F 8am-5pm. <i>Insurance/Payment Accepted:</i> Anthem, Aetna, some take Medicare, Medicaid, and other private insurances (depends on counselor)
<b>Bridgewater Counseling Services, PC</b> 108 W College St., Bridgewater 22812	Front Desk	(540) 828-3663	Services in areas such as depression, anxiety, sexual and chemical addictions, violent tendencies, and personal growth. From young children to elderly. <i>Insurance/Payment Accepted:</i> Aetna, Blue Cross, Blue Shield, Behavioral Health Systems, Ceridian, Cigna, HealthNet, Lifeworks, MHN, Magellan, Medicaid, Multiplan, Numerous
<b>Comprehensive Behavioral Health</b> 25 Myers Corner Dr., Staunton 24401	Front Desk	(540) 688-2646 questions@getbacktoyou.com	Services for anxiety/generalized anxiety disorder, depression, bipolar disorder, agoraphobia, hoarding, OCD, body dysmorphic disorder, panic disorder, phobias, PTSD, social anxiety, ADHD, anger, eating disorders, grief, insomnia, personality disorders, substance abuse and addiction, and trichotillomania. Have psychiatric evaluations, medication management, spravato treatment, TMS therapy (transcranial magnetic stimulation), nutrition services. <i>Insurance/payment method:</i> Most private insurances, Medicare, Medicaid
<b>Cross Keys Equine Therapy</b>	Front Desk	(540) 607-6910	Equine-assisted psychotherapy (EAP) is a counseling session facilitated by the horse, a mental health

6017 Horse Lane Farm, Port Republic 24471		linfo@crosskeysequine therapy.org	specialist, and an equine professional. Help discern lie-based thinking an inconsistency in thoughts and behaviors. Discover effective ways to manage anger, resolve conflict, exhibit responsibility, and to establish self-care and good boundaries. <i>Insurance/Payment Accepted:</i> Individual session \$140/hr., group (6-8 people 4x or more) \$65/person, less than 4x \$95/person. Use sliding scale.
<b>Fairfield Center</b> 590 Neff Ave Suite 3000, Harrisonburg 22801	Aaron Hagmaier	(540) 434-0059 info@fairfieldcenter.org	Offers a broad range of conflict resolution services and training for individuals, businesses, and organizations. Offer mediation services, restorative justice services, and training programs. Call for insurance/payment accepted
<b>Family Life Resource Center</b> 273 Newman Ave., Harrisonburg 22801	Front Desk M-Th 8:30am- 4:30pm	(540) 434-8450 services@flrc.org	Services for family and parenting, martial and relationships, older adults, depression, suicidal thoughts, grief involving loss/separation/death, homicidal/violent thoughts, self-confidence and worth, dealing with sexual harassment, insomnia, anxiety, withdrawal, mood swings, stress/time/anger management. Career-related concerns. <i>Insurance/Payment Accepted:</i> Discount for private pay. Initial evaluation session (60 min) \$130, individual, marital (couple) or family sessions (40-55min) \$90-110, consultation session (60 min) \$90
<b>Hall Community Services</b> 110 W Johnson St. Suite 227, Staunton 24401	Front Desk M-Th 9am-5pm	(540) 344-6411 (434) 962-0031	Services include mental health skill building (MHSS) focusing on functional skills and appropriate behavior related to individual's health and safety, activities of daily living, and use of community resources. Representative payee services provide financial management assistance to people who have low income, disabilities, those receiving Social Security or Veteran's benefits. Medicaid-funded, MHSS or self-pay \$91/hr.
<b>Mental Health America of Augusta</b> 101 West Frederick St., Suite 206, Staunton 24401	Front Desk	(540) 886-7181 886-400-6428: Hotline	Provides education, advocacy, and connection related to mental health and the treatment of mental illness. Also provide educational seminars for both the professional community and local citizens to include community based, ongoing programs supporting self-esteem, wellness, and awareness.
<b>Peaceable Life Therapeutic Services, Inc.</b> 2857 Stuarts Draft Hwy, Suite 121, Stuarts Draft 24477	Ryan Elizabeth Thomas	(540) 490-4440 Rthomas.peaceablelife@ gmail.com	Services for both adult and children including positive behavior support, depression, anxiety, trauma, fostering/separation, attachment, behavioral challenges, developmental diversities, parenting, issues related to caregiving, social skill building, adjustment and life transitions, and professional counseling. <i>Insurance/Payment Accepted:</i> Anthem, Blue Cross Blue Shield, Optima, Magellan, Melina, Medicaid, Virginia Premier
<b>Pyramid Healthcare, Inc.</b>	Front Desk	VA: (844) 431-7422 WV: (717) 809-2088 PA & NJ: (866) 724-1529 MD: (301)769-7610 OH: (937) 729-2127  <a href="http://www.Pyramid-healthcare.com">www.Pyramid-healthcare.com</a>	Provider of effective, high quality behavioral healthcare offering a full continuum of in-person and telehealth mental health and substance use treatment programs for adults and teens across 36 locations in Viginia, West Virginia, Pennsylvania, New Jersey, Maryland, and Ohio. <i>Insurance Accepted in VA:</i> Aetna, Aetna Better Health of Virginia, Anthem BCBS of Virginia, Anthem HealthKeepers Plus, Cigna, Magellan, Magellan Complete Care, Molina Complete Care, Optima Health/Optima Family Care, Optum, Piedmont Community Health Plan, TriCare/Humana, United Healthcare Community Plan, Virginia Premiere/Kaiser Permanante
<b>Region 1's Adult and Youth Mobile Crisis</b>	Front Desk	(434) 230 9704	Individuals with intellectual and/or developmental disabilities shall be supported with services that allow the individual to live the most inclusive life possible in his/her community which includes access to appropriate and effective crisis stabilization, intervention, and prevention services including mental health treatment services when indicated. Regional Call Center Community line 988 if you have an area code within Virginia

<b>Rockbridge Area CSB</b> 241 Greenhouse Road, Lexington, VA 24450	Front Desk	Phone: 540-463-3141	promote health and wellness through the provision of behavioral health, substance use, developmental and prevention services.
<b>SaVida Health Staunton</b> 40 Lambert St. Suite 212, Staunton 24401	Front Desk	(540) 569-9625	Provides in-house counseling, case management, and recovery assistance services. Medication-assisted treatment using suboxone, buprenorphine, or others. Offer group, individual, and intensive outpatient counseling. <i>Insurance/Payment Accepted:</i> Accept most insurance plans including VA Medicaid and Medicare. Will assist with paperwork, same day appointments available
<b>Shenandoah Psychological Services</b> 58 Kenmore st, Harrisonburg, VA	Front Desk M-Sat 8am-8pm	(540) 251-7728 info@shenandoah <a href="http://www.psychologicalservices.com">www.psychologicalservices.com</a>	Services include individual therapy for adults and adolescents, child therapy, family and couples therapy, parenting classes. <i>Insurance/Payment Accepted:</i> Anthem, Optima Health, Tricare. Has cash-rate for clients but does not accept Medicaid
<b>Shenandoah Art Therapy, LLC.</b> 1835 Rosser Ave Suite 2, Waynesboro 22980	Laura Tuomisto	(540) 255-1458	Useful in trauma processing or if words cannot describe or make sense of your experiences. For children, adults, and geriatrics, offer groups and workshops. Does not accept insurance but CSA providers (social workers) can request individuals to work with them.
<b>Shenandoah Valley Counseling Center</b> 617 W. Main St., Waynesboro 22980	Maggie Campbell, MSW, LCSW	(540) 256-1320 mcampbell@svcc.us.com	Services for children, adolescents, adults, and families including financial concerns, parent/child relationship, domestic relations, employment problems, substance abuse, depression, anxiety, and other mental health issues. <i>Insurance/Payment Method:</i> Anthem, Blue Cross/Blue Shield, Health Keepers, Aetna, Aetna Better Health, Optima, United Behavioral Health, Optum, some Medicaid and Medicare
<b>Tasso Counseling</b> 424 Commerce Rd., Staunton 24401	Front Desk	(540) 712-7642 info@tassocounseling.com	Christian-oriented outpatient therapy specializing in issues including anxiety, depression, trauma, marriage, and parent/child relationships, as well as family and group counseling. Does not take insurance, some financial assistance available (based on individual basis)
<b>Trinity Counseling Service</b> 920 Shenandoah Village Dr., Suite 121, Waynesboro 22980	Front Desk	(540) 943-4222 billhuffman@trinity counselingservice.org	Holistic and spiritually based counseling for individuals and couples struggling with anxiety, depression, relationship issues, ADHD, spiritual issues, and workplace issues. <i>Insurance/Payment Accepted:</i> Most commercial insurances EXCEPT Virginia Premier and Cigna. Does not take Medicare or Medicaid but will negotiate a self-pay rate for those with Medicare. Normal self-pay is \$90/session. Sliding scale is available
<b>Valley Hope Counseling Center</b> 20 Stoneridge Dr. #202, Waynesboro 22980	Front Desk M-Th 9am-6pm	(540) 941-8933 valleyhope@ntelos.net	Services for anxiety or depression, relationship issues, domestic violence, social and emotional issues, sexual abuse and recovery, substance abuse and other addictions, career change and job stress, coping with life transitions, LGBTQ+ issues, anger management, family and parenting issues, grief and loss, and child/adolescent concerns. <i>Insurance/Payment Accepted:</i> Sliding fee scale available for all clients based on family income and number of dependents
<b>Valley Pastoral Counseling Center</b> 300 Chestnut Ave., Waynesboro 22980	Stephanie Sterling	(540) 943-8722	Services for loss/death/grief, depression, anxiety, pastoral counseling, relationship problems, life stage transitions, personal growth, clergy issues. Offer family and marital therapy, trauma informed therapy, EMDR, CBT, psychodynamic therapy, and imago therapy <i>Insurance/payment method:</i> Most major insurance plans including Medicaid (except Virginia Premier). Provide a “fee-for-service” rate, which varies between each provider. For those who do not have insurance, deductibles are extremely high, or have Medicare, funds are available to help supplement cost.
<b>Western State Hospital</b>	Front desk	(540) 332-8000	State psychiatric hospital. Goal is to provide safe and effective individualized treatment in a recovery-

103 Valley Center Dr., Staunton 24401			focused environment. Provide care for serious mental or substance abuse disorders within a collaborative service system involving linkage with consumers, families, and community health care providers.
<b>Woodrow Wilson Rehabilitation Center</b> 365 Hornet Rd, Fishersville, VA 22939	Fred Capps	540-332-7151 <a href="mailto:c.f.capps@wwrc.virginia.gov">c.f.capps@wwrc.virginia.gov</a> ov www.wwrc.virginia.gov	Providing quality programs and services that empower individuals with disabilities to maximize their employment, independence and full inclusion into society.

## Behavioral Health Providers – Adolescent Agencies

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	RELEVANT SERVICES/INFORMATION
<b>Acorn Health</b> 923 Gardens Blvd Charlottesville 22901	Front Desk	(434) 201-3893 <a href="mailto:info@acornhealth.com">info@acornhealth.com</a>	Have center-based and in-home services. Specializes in ABA, creating a therapy plan and assisting with skill building and behavior reduction. <i>Insurance/Payment Accepted:</i> Medicare, Medicaid, Aetna, CareFirst, United Healthcare
<b>Big Brothers Big Sisters: Harrisonburg</b> 225 N High St #3, Harrisonburg 22802	Front Desk	(540) 433-8886 <a href="mailto:info@bbbshr.org">info@bbbshr.org</a>	Serve children facing adversity between 5 and 18 years of age. Children are matched one-to-one with an adult mentor in a relationship supported by staff members. Mentors help children achieve success in school, helps them avoid risky behaviors such as getting into fights and trying drugs and alcohol, and helps them improve their self-confidence.
<b>Brannon Weeks M.D. with Sentara Behavioral Health</b> 136 W Elizabeth St. Ste 102, Harrisonburg, 22802	Brannon Weeks, M.D.	(540) 564-5100	Specializes in psychiatry for children and adolescents. <i>Insurance/Payment Accepted:</i> Aetna, Anthem, Blue Cross Blue Shield, CareFirst, Cigna, Humana
<b>Compass Behavioral Solutions</b> 3360 Emmaus Rd., Harrisonburg 22801	Front Desk	(540) 437-1605	Specialized outpatient counseling designed for individuals with Autism Spectrum Disorder or other developmental challenges. Also have home-based ABA services for children and adolescents under the age of 21 who demonstrate significant impairment in adaptive functioning. <i>Insurance/Payment Method:</i> Medicaid, Aetna, Anthem BCBS, Optima Health, Anthem Health Keepers Plus, Molina, UHC Community Plan, Virginia Premier, self-pay, and CSA funding
<b>Compass Behavioral Solutions</b> 2 N Central Ave., Staunton 24401	Front Desk	(540) 949-7045 <a href="mailto:erika@compassva.com">erika@compassva.com</a>	Specialized outpatient counseling designed for individuals with Autism Spectrum Disorder or other developmental challenges. Also have home-based ABA services for children and adolescents under the age of 21 who demonstrate significant impairment in adaptive functioning. <i>Insurance/Payment Method:</i> Medicaid, Aetna, Anthem BCBS, Optima Health, Anthem Health Keepers Plus, Molina, UHC Community Plan, Virginia Premier, self-pay, and CSA funding
<b>Family Preservation Services</b> 246 Rolla Mill Rd., Verona 24482	Regional Director- Alexia Rosen, LPC Clinical Director- Erin Cuppett, LPC	(540) 248-5510 <a href="mailto:arosen@fpscorp.com">arosen@fpscorp.com</a> <a href="mailto:ecuppett@fpscorp.com">ecuppett@fpscorp.com</a>	Intensive in-home services, which may include individual and family in-home counseling, crisis intervention, substance use treatment, life skills training and care coordination. Have behavior treatment services for children, adolescents, and families impacted by Autism Spectrum Disorders as well as other developmental disabilities. Therapeutic mentoring services, a virtual residential program, an adolescent sexual harm program, and therapeutic day treatment, which provides a combination of therapeutic services and evaluation within the traditional school setting to student's exhibiting emotional and behavioral concerns. <i>Insurance/Payment Accepted:</i> Medicaid, Anthem, Aetna, BCBS, Cigna, Molina, Tricare, United Healthcare
<b>First Step: A Response to Domestic Violence</b> 129 Franklin St. Harrisonburg 22801	Front Desk	(540) 434-0295 <a href="mailto:firststepva@gmail.com">firststepva@gmail.com</a>	Children and Youth Advocate works to ensure that children of domestic violence survivors are equipped as they also transition into an abuse free life.

<b>Health Connect America (HCA)</b> 35 Southgate Court Harrisonburg, 22801	Andrea Kendall	(540) 440-7027 <a href="mailto:Andrea.kendall@healthconnectamerica.com">Andrea.kendall@healthconnectamerica.com</a> Healthcareamerica.com	Specializes in behavioral therapy services, intensive in-home services, mental health skill building, mentoring services, outpatient mental health services, peer support, psychiatric clinical services, sexual behavior integration recovery, substance use disorder, supervised visitation, and therapeutic foster care. <i>Insurance/Payment Accepted:</i> Medicare, Medicaid, most private insurances, self-pay. Have state-financed health insurance plans and state welfare/child family services funds.
<b>Intercept Health</b> 605 Calvert St., Staunton 24401	Front Desk	(540) 855-7343 Crisis referral line- (540) 315-6659	Includes intensive in-home services, ABA services, school-based services, outpatient services, psych services, crisis services, mentoring/life skills/coaching services, parenting skills, independent living arrangements, community homes, assessment/diagnostic testing, and treatment foster care services. <i>Insurance/Payment Accepted:</i> Medicaid, Anthem, Aetna, Cigna, Tricare, Magellan, United Healthcare
<b>Magnolia Rose</b> 417 W Main St., Waynesboro 22980	Kristan Crummett-Dollar	(540) 688-9062 info@magnoliarose.org	Provide hope and healing for people, especially girls and young women, who have experienced (or are at risk of) sexual exploitation and trafficking in the Shenandoah Valley. Services include therapy and support groups, match with a mentor, assist with finding and maintaining gainful employment.
<b>National Counseling Group</b> 1951 Evelyn Byrd Avenue B, Harrisonburg 22801	Director- Paul Scardino, LCSW Clinical Supervisor- Nina Siebens, LCSW	(540) 437-0403	Specializes in intensive in-home services which include behavior management, problem solving skills, interpersonal and coping skills, family communication, anger management, care and service coordination, individual and family counseling. Have a residential diversion program, therapeutic mentoring, and outpatient counseling. <i>Insurance/Payment Accepted:</i> CSA and DJJ funding
<b>New Directions Center</b> 110 W Johnson St Suite 102, Staunton 24402	Text an advocate: (804) 793-9999	(540) 885-7273 or 24/7 Crisis Hotline: (540) 886-6800	Specializes in reducing the impact of intimate partner violence, sexual assault, human trafficking, and stalking through survivor-centered advocacy, support services, community education, and raising awareness. Provide youth a safe space to work through their trauma and find healthy ways to cope with it. Focuses on youth empowerment, boundaries, and personal autonomy. M-F 8:30am-4:30pm
<b>Pyramid Healthcare, Inc.</b>	Front Desk	VA: (844) 431-7422 WV: (717) 809-2088 PA & NJ: (866) 724-1529 MD: (301)769-7610 OH: (937) 729-2127  <a href="http://www.Pyramid-healthcare.com">www.Pyramid-healthcare.com</a>	Provider of effective, high quality behavioral healthcare offering a full continuum of in-person and telehealth mental health and substance use treatment programs for adults and teens across 36 locations in Virginia, West Virginia, Pennsylvania, New Jersey, Maryland, and Ohio. <i>Insurance Accepted in VA:</i> Aetna, Aetna Better Health of Virginia, Anthem BCBS of Virginia, Anthem HealthKeepers Plus, Cigna, Magellan, Magellan Complete Care, Molina Complete Care, Optima Health/Optima Family Care, Optum, Piedmont Community Health Plan, TriCare/Humana, United Healthcare Community Plan, Virginia Premiere/Kaiser Permanente
<b>Region 1's Adult and Youth Mobile Crisis</b>	Front Desk	(434) 230 9704	Individuals with intellectual and/or developmental disabilities shall be supported with services that allow the individual to live the most inclusive life possible in his/her community which includes access to appropriate and effective crisis stabilization, intervention, and prevention services including mental health treatment services when indicated. Regional Call Center Community line 988 if you have an area code within Virginia
<b>SexEdVA at James Madison University</b> 755 Martin Luther King Jr. Way, Harrisonburg 22801	Rand Batarseh	(540) 568-1786 batarsra@jmu.edu	Ensures young people across Virginia have access to sexual health information that is positive, inclusive, evidence-based, and medically accurate in order to make informed decisions regarding their health.
<b>South Central Counseling Group</b>	Front Desk	(434) 284-5401	Individual and family counseling. Home-based counseling for ages 4-18 who are in need of comprehensive

509 Park Street, Charlottesville 22902		intake@scgva.com	mental health services. Therapeutic mentoring, parent support, and group counseling. <i>Insurance/Payment Accepted:</i> Anthem, Aetna, Blue Cross Blue Shield, Optima, Virginia Premier, most Medicaid policies, CSA funding. Rates based on service and experience of therapist range from \$75-\$150 per 50-minute session
<b>Tracy Wulff with Sentara Healthcare</b> 136 W Elizabeth St Ste 102, Harrisonburg 22802	Tracy Wulff, PA-C	(540) 564-5100	Specializes in psychiatry for children 12 and up, general mental health issues such as depression, anxiety, OCD, and more. <i>Insurance/Payment Accepted:</i> Medicare, Medicaid, Aetna, Cigna, Humana
<b>Valley Hope Counseling Center</b> 20 Stoneridge Dr. #202, Waynesboro 22980	Helen Wright, LPC	(540) 941-8933 valleyhope@ntelos.net	Specializes in anxiety, depression, relationship issues, domestic violence, social and emotional issues, sexual abuse and recovery, substance abuse and other addictions, career change and job stress, coping with transitions, LGBTQ+ issues, anger management, family and parenting issues. <i>Insurance/Payment Accepted:</i> Anthem, Aetna, Cigna, Medicaid
<b>Virginia Institute of Autism</b> 491 Hillsdale Dr., Charlottesville 22901	Front Desk	(434) 923-8252 info@viacenters.org	Adult services for individuals with developmental or intellectual disabilities aged 22 and older. Day schools serves those 6 to 22 years old. Outpatient behavioral services for children and adolescents with autism spectrum disorder and related challenges.

### Behavioral Health Providers – Private Practices

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	RELEVANT SERVICES AND PAYMENT/INSURANCE ACCEPTED
<b>Allison Garcia with Rocktown Counseling</b> 590 East Market St., Harrisonburg 22801	Allison Garcia, LPC	(540) 210-0903 admin@rocktowncounseling.com	Specializes in dual diagnosis/co-occurring disorders, substance use disorders, PTSD/trauma, depression, anxiety, grief, and serious mental illnesses. Bilingual in English and Spanish and works solely with adults. <i>Insurance/Payment Accepted:</i> Aetna, Anthem, Blue Cross Blue Shield, Cigna, Ever North, Health keeper's, Magellan, Medicaid, Optima, Optum, Tricare, United Healthcare, Virginia Premier
<b>Associated Mental Health Professionals</b> 102 Mactanly Pl., Staunton 24401	Michael A. Hoffman, M.D. M-Th 8am-6pm	(540) 886-3063	Services for children, adolescents, and adults. Personal history, endocrine assessment and nutritional evaluation to identify problem areas. Uses holistic approach to treat patient with medication, nutritional supplements, and other therapeutic interventions. Outpatient services and diagnostic evaluation with medication management. <i>Insurance/Payment Accepted:</i> No insurance accepted, self-pay only
<b>Brian J. Ede with Virginia Center-Family Relations</b> 100 Mactanly Pl. #B, Staunton 24401	Brian J. Ede, LCSW	(540) 885-3481 <a href="mailto:client-services.stn@vcfr.us">client-services.stn@vcfr.us</a>	Works with individuals as well as married couples, families, children, and adolescents. Specializes in marriage counseling and men's issues (ex. substance use, sex addiction) in addition to anxiety, PTSD, eating disorders, and more. <i>Insurance/Payment Accepted:</i> Aetna, Anthem, Cigna, United Healthcare, Medicare, Optima, Tricare
<b>Dr. Randy Weber and Ronda Weber with Charis Institute for Psychological and Family Services</b> 21 Southgate Ct #101, Harrisonburg 22801	Randy Weber, PhD., MSCP LCP Ronda Weber, PhD., LCSW LCP and fluent in Spanish	(540) 568-1876, text: (540) 383-4245, hours M-F 9:30am-2:30pm charisinst@gmail.com	Specializes in ADHD, addictions, anxiety, OCD, trauma, attachment disorders, cognitive disorders, dementia, panic disorders, chronic illness and pain, dual diagnoses, eating disorders, mood disorders, depression, bipolar disorder, occupational problems, personality disorders, relationship problems, sexual issues, sleep disorders, substance related disorders, and stress. <i>Insurance/Payment Accepted:</i> Most major insurances (including Medicaid and Medicare). Will need to call to check if insurance is accepted.
<b>Dustin Wright with Wright Psychological Services, PLC</b> 117 S Lewis St. Suite 210, Staunton	Dustin Wright, LPC	(540) 688-2199 dwrightlpc@wrightpsych.net	Specializes in individual, couples, child & family, and premarital counseling. <i>Insurance/Payment Accepted:</i> Anthem, Blue Cross Blue Shield, Beacon Health Options EAP, Anthem Health keepers, Cigna, United Healthcare, OPTUM, Optima, MH Net, VA Premier, Medicaid



24401			
<b>James Phillip Harmon with Augusta Medical Group</b> 79 North Medical Park Dr., Fishersville 22939	James Phillip Harmon, LPC	(540) 213-2525	<i>Insurance/Payment Accepted:</i> Aetna, America's Choice Provider Network, Anabaptist Healthshare, Anthem BCBS, Cigna, Humana, Magellan Complete Care, Medicaid, Molina Healthcare (Medicare/Medicaid), Sentara Optima, TRICARE, United Healthcare, VA Choice, VA Health Network, VA Premier
<b>Jeff Watros</b> 29 Stoneridge Dr. Suite #203, Waynesboro 22980	Jeff Watros, LPC LMFT	(540) 602-5328	Provides adolescent and adult individual, pre-marital, marital and family therapy. Specializes in marital and relationship conflicts, spirituality, sexual identity, various abuses, sexual addiction, unhealthy habits, anger, depression, forgiveness, accountability, anxiety, grief and loss. <i>Insurance/Payment Accepted:</i> Aetna, Anthem, Blue Cross Blue Shield, Health Net, MHN, MH Net Behavioral Health, Magellan, Military OneSource, New Directions, Optima, Optum, Pinnacle, Tricare, United Healthcare. Out of network \$115/session, couples' session \$130.
<b>Kadie A. King with Rocktown Counseling</b> 590 East Market St., Harrisonburg 22801	Kadie A. King, LPC Owner	(540) 296-4756 admin@rocktowncounseling.com	Works with children, adolescents, parents, and families. Specializes in at-risk youth, individuals with development disabilities, those who have experienced trauma, and families desiring to develop a deeper attachment. Individuals goals range from coping strategies for anxiety/depression, trauma treatment, attachment parenting, and increasing self-esteem. <i>Insurance/Payment Accepted:</i> clinical outpatient assessment \$145, individual/family outpatient \$130 (60 min), \$100 (45 min), \$70 (30 min). Aetna, Anthem, Blue Cross Blue Shield, Cigna, Ever North, Health keeper's, Magellan, Medicaid, Optima, Optum, Tricare, United Healthcare, Virginia Premier
<b>Mary Powell with Advantage Counseling Services, LLC</b> 71 Wilson Blvd. Suite C, Fishersville 22939	Mary Powell, LPC	(540) 836-3659 advcounservllc@gmail.com	Addiction, Depression, Anxiety, ADHD, PTSD, Relationships, general/work life stress, dept of transportation SAP evaluations, court ordered/involved clients, VASAP assessments, court ordered substance use evaluations. <i>Insurance/Payment Accepted:</i> Optum, Optima Healthcare, Anthem, Blue Cross Blue Shield, Aetna, VA Medicaid, Cigna, Piedmont Community Health Plan, EAP services. Sliding fee for qualifying incomes (ranging \$35-\$65/session). Individual session \$140 (60 min), marital/couples' session \$140 (60-90 min), DOT SAP evaluation/case management \$450, VASAP treatment assessments \$80, court/employer ordered substance use disorder evaluations \$150.
<b>Paul Harmon with Harmon Counseling Services</b> 421 W Main St., Waynesboro 22980	Paul Harmon, LPC LSATP	(540) 241-1087 paul@paulharmonlpc.com	Provides individual, couples, adolescent, and adult services (including marriage and family therapy). Specializes in anxiety, separation and divorce, anger, guilt, stress, and substance abuse. Can provide adult forensic evaluation and guidance with work and career issues. <i>Insurance/Payment Method:</i> accepts most insurances, call to find out
<b>Rebecca Wonderley with Wonderley Counseling Services, LLC</b> 25 Stoneridge Dr. A03, Waynesboro 22980	Rebecca Wonderley, LPC	(540) 471-0569	Provides individual, couples, and family counseling and accepts ages 13 and older. Specializes in anxiety disorders, substance use, depression, trauma, relationships/marriage, and general life stressors and transitions. Work with personality and psychotic disorders. <i>Insurance/Payment Accepted:</i> Anthem, Blue Cross Blue Shield, United Health, Optima, Medicaid
<b>Thomas Arbaugh</b> 219 W Beverley St. Suite 106, Staunton 24401	Thomas Arbaugh, LPC	(540) 885-5105 <a href="mailto:drarbaugh@yahoo.com">drarbaugh@yahoo.com</a> Hours T-Th 2pm-8pm	Specializes in Depression & Anxiety, adults, adolescents, couples, and family relationships, gender identity and transitioning, hypnotherapy for smoking cessation or stress reduction, loss and bereavement, LGBTQ clients, sexuality issues, sexual abuse, dealing with the stress of Multiple Sclerosis. <i>Insurance/Payment Accepted:</i> does not take insurance, rates dependent on income, common is \$100 (50 min) for individual dialogue, \$150 (90 min) for individual dialogue or integrative dialogue helping couples or families. Adjusted fee services available on a limited basis.

## Substance Use Disorder Providers – Partners of Pathways Program

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	RELEVANT INFORMATION AND SERVICES
<b>ARROW Project</b> 11 Middlebrook Ave., Staunton 24401	Front Desk Sabrina	(540) 255-0972 <a href="mailto:hello@arrow-project.com">hello@arrow-project.com</a>	Offers a substance use group Thursday evening at Lambert Street Office 5pm. <i>Insurance/Payment Accepted:</i> Aetna, Anthem BCBS and Health keepers, Cigna, Magellan, United Healthcare, Virginia Premier, and Medicaid. Uses sliding scale. Accepting Referrals.
<b>Augusta Health</b> 64 Sports Medicine Dr., Fishersville 22939	Front Desk	(540) 332-4000	Provides care for overdoses and substance use disorders. Puts patients in contact with community providers for further treatment and case management. <i>Insurance/Payment Accepted:</i> Most private insurances and Medicaid.
<b>Augusta Health Recovery Choice</b> 79 North Medical Park Dr., Fishersville 22939		(540) 213-2525	Specializes in treatment of alcoholism, opioid addiction, substance use, and mental health. Includes outpatient, intensive outpatient, general outpatient, and general hospital addiction treatment services. Clients accepted on opioid/methadone medication. <i>Insurance/Payment Accepted:</i> Medicare, Medicaid, Tricare, private health insurance plans, self-payment
<b>BHG Staunton</b> 15 Green Hills Dr. Suite 6 and 7, Staunton 24401	Jennifer Brugh	(540) 217-6366	Individual/group counseling and case management, outpatient opioid medication-assisted treatments, coordinate care with outside resources. <i>Insurance/Payment Accepted:</i> Medicaid, Blue Cross Blue Shield, Humana, Optum, Cigna, Medicare
<b>Brightview</b> 16 Pleasant Hill Rd., Harrisonburg 22801	Call Center 24/7 M-F 8:30-5pm Walk-in hours weekdays until 3:00pm	(888) 501-9865 or (866) 934-7450	Outpatient medical/clinical care for patients with drug or alcohol addiction, medication-assisted treatment (opioid, meth, alcohol, heroin addiction) with individual/group counseling, social service support, and work on co-occurring disorders. <i>Insurance/Payment Accepted:</i> Aetna, Anthem, CareSource, Molina, Humana, Paramount, United Healthcare, Medicare
<b>Mid-Atlantic Recovery Center</b> 15 Pratts Run, Suite A01, Waynesboro 22980	Front Desk	Main: (540) 221-4885 After Hours: (540) 255-2038	Recovery services for opioid addiction. Offer medication assisted treatment (methadone and buprenorphine) as well as individual and group counseling. Dosing hours M-F 6-10am, Saturdays 7-9am, and Sundays 8-9am. Office hours M-F 6am-1pm, Saturdays 7-10am, and Sundays 8am-9am. <i>Payment/Insurance Accepted:</i> Medicaid (optima, VA premier), counselors able to assist if different type of Medicaid. No private insurance accepted but have ability to get reimbursement from insurance company.
<b>SaVida Health Staunton</b> 40 Lambert St. Suite 212, Staunton 24401	Front Desk	(540) 569-9625	Provides in-house counseling, case management, and recovery assistance services. Medication-assisted treatment using suboxone, buprenorphine, or others. Offer group, individual, and intensive outpatient counseling. <i>Insurance/Payment Accepted:</i> Accept most insurance plans including VA Medicaid and Medicare. Will assist with paperwork, same day appointments available
<b>Sobrius- Drug and Alcohol Addiction Treatment Center</b> 506 Cliffview Rd., Galax 24333	Front Desk	(276) 601-2736	30-day residential treatment program focused on substance use disorder, co-occurring mental health diagnosis, and trauma therapy <i>Insurance/Payment Accepted:</i> Medicaid, most major insurance companies, private pay (30% deposit to hold bed, balance due on day of arrival), financed amount, and limited sponsorships from local civic organizations.
<b>Spero Health</b> 2303 North Augusta St. Suite B, Staunton 24401	Richard Kirby	(540) 550-5194 <a href="mailto:Rick.kirby@sperohealth.com">Rick.kirby@sperohealth.com</a>	Group/individual counseling, medication-assisted therapy for substance use (suboxone and vivitrol), care coordination. M-F 8:30-5:00pm. <i>Insurance/Payment Accepted:</i> Medicaid, Medicare, most Private insurance (excludes Aetna)
<b>Valley Asap</b> 240 N Central Ave., Suite B, Staunton 24401	Front Desk	(540) 886-5616	Offers education/treatment and driver safety programs for substance abuse, alcohol offenders who drive, first time offenders, and habitual offenders. Intervention fee \$100, service fee \$300.

## Substance Use Disorder Providers – Medication-Assisted Treatment (MAT)

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	RELEVANT INFORMATION AND/OR CARE MANAGEMENT SERVICES
<b>ARS of Pantops</b> 103 S Pantops Dr. Ste 102, Charlottesville 22911	Jodi Herndon	(800) ARS-9695; (434) 220-0080	Has early morning dosing with average dosing taking less than 10 minutes, walk-in admission multiple times a week, medical staff available daily, individual, group, and family counseling, intensive outpatient programming, variety of treatment options including methadone, suboxone, and vivitrol. <i>Insurance/Payment Accepted:</i> Virginia Medicaid, Medicare, Aetna, Anthem, Blue Cross Blue Shield, Magellan, Optum, Optima, VA Premier
<b>Center for Wellness and Change, LLC (Addiction Treatment, Alcohol Health Management, and Ketamine Assisted Psychotherapy)</b> 1107 E High St., Charlottesville 22902	Madeline Otten	(434) 202-8612 info@wellnessandchange.com	Alcohol health management. Use medication like naltrexone tablets (daily or Sinclair method), injectable monthly naltrexone (Vivitrol), topiramate, gabapentin, and more. Ketamine-Assisted Psychotherapy is the use of the medication, ketamine, in conjunction with therapeutic psychological support. Acudetox, a standardized ear acupuncture protocol used for behavioral health, good in acute and chronic management of substance use disorders. <i>Insurance/Payment Accepted:</i> Aetna, Anthem, Cigna, Everence, Firsthealth, Optima, United Healthcare, Humana, Innovage, Medicare, Magellan, Medicaid. Ketamine-Assisted Psychotherapy initial screening \$250, KAP Preparation session \$150, package (6 2-hour dosing sessions and 1 50-minute integration session after 6 <sup>th</sup> dosing \$2820.
<b>Crossroads</b> 322 Neff Ave., Harrisonburg 22801	Front Desk	(800) 805-6989	Location offers suboxone, toxicology, counseling, televisits, has instant intake, nicotine cessation, and care coordination. <i>Insurance/Payment Accepted:</i> Medicaid, Medicare, and many commercial insurance plans
<b>FCCR Rehabilitation Center Fredericksburg</b> 11720 Main St Suite 108, Fredericksburg 22408	Front Desk	(540) 426-3633	Utilizes methadone or buprenorphine (suboxone). Medication management, case management services, Stages of Change, life skills training, and vocational counseling. <i>Insurance/Payment Accepted:</i> Medicaid, Blue Cross Blue Shield, United, Humana, and other private insurances accepted.
<b>HCHC: Care Management</b> 124 Newman Ave Suite B101, Harrisonburg 22801	Front Desk	(540) 432-3308	Provide tobacco cessation counseling services, chronic disease self-management, and substance abuse assessment and counseling. Opioid treatment, individual case management, peer-based 12 step meetings and other support groups available. Also offer primary care, dental, behavioral health, women's health, prenatal care, care management, and have a pharmacy. <i>Insurance/Payment Accepted:</i> all major health insurance programs, including Medicare and Medicaid. Offer affordable health care through use of sliding fee discount program.
<b>HCHC: Stone Port</b> 1380 Little Sorrell Dr #100, Harrisonburg 28801	Front Desk	(540) 433-4913	Provide tobacco cessation counseling services, chronic disease self-management, and substance abuse assessment and counseling. Opioid treatment, individual case management, peer-based 12 step meetings and other support groups available. Also offer primary care, dental, behavioral health, women's health, prenatal care, care management, and have a pharmacy. <i>Insurance/Payment Accepted:</i> all major health insurance programs, including Medicare and Medicaid. Offer affordable health care through use of sliding fee discount program.
<b>Health Connect America (HCA)</b> 35 Southgate Ct #101, Harrisonburg 22801	Front Desk	(540) 440-7027 Healthconnectamerica.com <a href="mailto:Andrea.kendall@healthconnectamerica.com">Andrea.kendall@healthconnectamerica.com</a>	Services are strength-focused and recovery-oriented. Program individually designed and uses evidence-based approaches. Clients receive services multiple times per week. Delivered through outpatient program (OP) as well as intensive outpatient program (IOP), ranging from 1 hour a week to 19, depending on needs. For telemed prescription services, clients need full documentation from primary care provider before being scheduled for an intake. Will need to be pre-approved from the doctor through medical scheduler if they have had any substance use within 30 days. <i>Insurance/Payment Accepted:</i> Aetna, Anthem PPO/HMO, Health Keepers and Health Keepers Plus, Magellan, Medicaid, Optum, Veteran Affairs, Virginia Premier, Virginia CCN
<b>Mid-Atlantic Recovery Center (MARC)</b>	Front Desk	(540) 221-4885; after hours (540) 255-2038	Utilizes Methadone and buprenorphine, along with therapy, peer support, and other support services. <i>Insurance/Payment Accepted:</i> Medicaid, other commercial private insurances, self-payment, has a sliding fee scale

15 Pratts Run Suite A01, Waynesboro 22980			
<b>New Season Treatment Center</b> 30 Baxter Dr Suites 170 & 180, Harrisonburg 22801	Front Desk	New patients (877) 284-7074; (540) 908-3917 newseason@cmgpl.com	Services offered: Methadone, Suboxone, and Buprenorphine; addiction counseling Utilizes methadone, buprenorphine, or suboxone. Individual, group, and family counseling, medically supervised withdrawal, medical exams. <i>Insurance/Payment Accepted:</i> Medicare, Medicaid, and Private Insurance
<b>Orchard Mountain Recovery</b> 355 Rio Rd W Unit 203, Charlottesville 22901	Front Desk	(434) 282-2294 info@orchmtn.com	Meets during the evening 3x a week in Charlottesville, VA, but will decrease in frequency as recovery milestones are met. Family groups meet weekly, individual counseling, medical evaluation, educational groups, monitor drug and alcohol use, have a recovery maintenance program. <i>Insurance/Payment Accepted:</i> In-network for most insurance providers
<b>Patient Care Plus</b> 42 Lambert St #111, Staunton 24401	Front Desk	(540) 885-6789	Have suboxone care. Manage chronic health conditions like diabetes, high blood pressure, high cholesterol, thyroid issues, and in-house blood draws with options of Labcorp or Quest laboratories. Also help with minor illnesses and injuries. <i>Insurance/Payment Accepted:</i> Participates with all major insurances. In-network with Anthem and Blue Cross Blue Shield. Non-insured patients in-house drug screen \$60, drug screen to lab \$60, office visit (new) \$200, office visit (established) \$130
<b>Pyramid Healthcare, Inc.</b>	Front Desk	VA: (844) 431-7422 WV: (717) 809-2088 PA & NJ: (866) 724-1529 MD: (301)769-7610 OH: (937) 729-2127  <a href="http://www.Pyramid-healthcare.com">www.Pyramid-healthcare.com</a>	36 locations in Virginia, West Virginia, Pennsylvania, New Jersey, Maryland, and Ohio. Services include adult detox, dual diagnosis, halfway houses, and Medication Assisted Treatment (MAT); Adult/teen residential/inpatient, partial hospitalization, intensive outpatient, outpatient, and specialty substance use and mental health treatment programs. <i>Insurance Accepted in VA:</i> Aetna, Aetna Better Health of Virginia, Anthem BCBS of Virginia, Anthem HealthKeepers Plus, Cigna, Magellan, Magellan Complete Care, Molina Complete Care, Optima Health/Optima Family Care, Optum, Piedmont Community Health Plan, TriCare/Humana, United Healthcare Community Plan, Virginia Premiere/Kaiser Permanente
<b>Region 10</b> 800 Preston Avenue, Charlottesville, 22903	Aretha Watkins	(434) 972-1800 (434) 972-1825 Schedule Appt- (434) 970-1452 Aretha.watkins@regionten.org	Includes outpatient therapy (group and individual), case management, care coordination, intensive outpatient program, co-occurring treatment, peer support, and residential levels of care <i>Insurance/Payment Accepted:</i> Medicaid, Private insurance, cash/self-payment (slide fee scale based on income)
<b>SaVida Health</b> 40 Lambert St Suite 212, Staunton 24401	Front Desk	(540) 569-9625	Provides in-house counseling, case management, and recovery assistance services. Treatment options may include suboxone, buprenorphine, vivitrol, sublocade or naloxone. Same day appointments available. <i>Insurance/Payment Accepted:</i> Medicaid and most insurance plans
<b>Spero Health</b> 2303 North Augusta St. Suite B, Staunton 24401	Richard Kirby	(540) 550-5194 Rick.kirby@sperohealth.com	Group/individual counseling, medication-assisted therapy for substance use (suboxone, buprenorphine, naltrexone), care coordination. M-F 8:30-5:00pm. <i>Insurance/Payment Accepted:</i> Medicaid, Medicare, most Private insurance (excludes Aetna)
<b>Staunton Treatment Center- BHG</b> 15 Green Hills Dr. #7, Verona 24482	Front Desk	(540) 217-6366	Offer addiction counseling in individual, group, and family formats. Use methadone, dosing at any BHG treatment center and can earn take-home privileges once stabilized. Also offer suboxone, naltrexone, and buprenorphine. <i>Payment/Insurance Accepted:</i> Medicaid, Medicare, Aetna, Anthem BCBS, Humana, Optum, United Healthcare, Optima
<b>Valley Community Services Board</b> 85 Sangers Ln, Staunton 24401	Front Desk	540-887-3200 myvalleycsb@vcsb.org	Office-based addiction treatment and medication-assisted treatment (suboxone and Vivitrol) is available with prescriber and nurse. Offer peer-based 12-step and other support meetings. Provide urine drug screens and breathalyzers. <i>Insurance/Payment Accepted:</i> most private insurance, including Medicaid, Medicare, and Tricare. Also serve individuals

who are experiencing financial difficulties, are unemployed, and/or have no insurance. Offer sliding fee payment scale.

## Substance Use Disorder Providers - Adult Residential Therapy

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	RELEVANT INFORMATION AND/OR CARE MANAGEMENT SERVICES
<b>Abraham Youth and Family Services</b> 1510 Willow Lawn Dr. Suite 100, Richmond 23230	Front Desk	(804) 675-9204, <a href="https://abyouthservices.com/contact/">https://abyouthservices.com/contact/</a>  <a href="mailto:info@abyouthservices.com">info@abyouthservices.com</a>	Partners with employers (Food Lion, Walmart distribution, Coca-Cola) to teach daily living skills. 2 houses for men and 3 houses for women. 30-day program. Psychiatrist available and medication-assisted treatment. <i>Insurance/Payment Accepted:</i> Medicaid, Anthem, Aetna, Commonwealth Coordinated Care Plus, Magellan, Optima, Optum, United Healthcare, United Behavioral Health, Virginia Premier
<b>Ace Recovery for Men (men only)</b> 1477 Ted Melton Rd., Chesterfield, SC 29709	Admissions Coordinator	(843) 623-3077 or (866) 709-6988 <a href="mailto:acerecovery@shtc.net">acerecovery@shtc.net</a>  acerecoveryformen.com	Assessment and diagnosis, structured living schedule, 12 step facilitation, cognitive behavior groups, exercise room for stress reduction, continued care planning, retreat from community distractions. <i>Insurance/Payment Accepted:</i> CSB fundable, 30 days \$1970, 60 days \$3670, 90 days \$4970. Specialized length of stay for DWI or DUI Education and Treatment Services \$970/week.
<b>American Addiction Centers</b>	Joseph Bittner	Joseph Bittner (410) 830-1613  <a href="mailto:jbittner@contactaac.com">jbittner@contactaac.com</a>	Multiple facilities, recovery support, detox, generally 30-45 days. <i>Insurance/Payment Accepted:</i> Medicaid, Medicare A&B, Aetna, Ambetter, Anthem, AvMed, Beacon, Behavioral Healthcare, Blue Cross Blue Shield, Cigna, ComPsych, Emblem Health, Employers Health Network, First Health, Health Plan of Nevada, Humana, Kaiser Permanente, Magellan, MagnaCare, Managed Health Network, Molina, Optum, Sierra Health, Tricare, Tufts, United Healthcare, VA Benefits, VA Community Care, 1199SEIU Funds
<b>Blue Ridge Behavioral Healthcare – Crisis Center</b> 3003 Hollins Rd NE, Roanoke 24012	Front Desk	(540) 344-6208	Crisis stabilization and detoxification services. In-patient services. <i>Insurance/Payment Accepted:</i> CSB, Medicaid
<b>Boxwood Treatment Center</b> 15511 Guinn Ln, Culpeper 22701	Front Desk	(540) 547-2760	28-day residential substance treatment program age 18 years and older. 26 residential treatment beds and six detox beds. Services also available to pregnant women, IV and/or opiate drug users, and persons diagnosed with HIV/AIDS. <i>Insurance/Payment Accepted:</i> Aetna, Anthem, Beacon, CareFirst, Cigna, ComPsych, Magellan Health, Optima Health, United Healthcare, Value Options. Have financial assistance from various funding sources for eligible individuals.
<b>Bridging the Gaps</b> 31 S Braddock St., Winchester 22601	Front Desk	(540) 535-1111 admissions@bridgingthegaps.com	8 beds per house, each treatment program typically lasts 45-120 days but can vary with each individual. Multiple daily group therapeutic sessions, weekly individual counseling sessions, individualized intravenous and oral nutritional therapy, individualized neurofeedback sessions, meditation and stress management, 12-step meetings. <i>Insurance/Payment Accepted:</i> Private insurances
<b>Broad Highway Recovery Interventions (men only)</b> 5706 Jasonwood Ct., Richmond	Front Desk	(877) 487-1599 help@broadhighwayrecovery.com	Assist with interventions. Throughout treatment process and beyond they will assist with education, support, and recommendations for extended care and counseling.

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<b>DBHDS – Office of Recovery Services</b> 1220 Bank St., Richmond 23219	Front Desk	(804) 786-3921	Offer comprehensive list of certified recovery houses: <a href="http://dbhds.virginia.gov/office-of-recovery-services/recovery-residences">dbhds.virginia.gov/office-of-recovery-services/recovery-residences</a> : independent houses, VARR & OH
<b>Dream Life Recovery</b> 212 Snyder Rd., Donegal, PA 15628	Brooke Mckenzie	(855) 495-0356 or (833) 300-0646	Can assist with alcohol, opiate, heroin, Xanax, amphetamine, cocaine, sedative & more addictions. Includes medication-assisted treatment, group and individual therapy, EMDR therapy, and detox. Can arrange travel to facility. <i>Insurance/Payment Accepted:</i> Most private insurance, can contact to find if insurance is covered.
<b>Eagles Nest Regeneration (Christian)</b> 148 Rehoboth Ln NE, Floyd 24091	Front Desk	Main: (540) 291-7044 Mobile: (540) 745-4001 will@enrm.org	Males only. Offer biblical instruction, counseling, small groups, occupational training, and family recovery. <i>Insurance/Payment Accepted:</i> Private insurance and Medicaid
<b>Edge Hill Retreat Center</b> 315 E Cork St., Winchester 22601	Front Desk	(540) 662-8865	24/7 services, offer relapse prevention, 12-step recovery program meetings, discussions with other residents, consultations with staff members, films and related educational activities, talks/study groups led by person in recovery, time for personal care and work, and meditation. Does not accept insurance, \$3200 for 30 days
<b>Elim Home (Christian)</b> Lynchburg, 24502	Front Desk	Phone Interview (434) 592-5629 info@elimhome.org	Offer private counseling for men that struggle to find spiritual and physical peace through eight-week Christian counseling session. Must have a negative HIV test to attend. FREE (\$100 cash emergency deposit, can be donated or returned once program is completed).
<b>Forest Hill ARTS</b> 7806 Forest Hill Ave., Richmond 23225	Joyce Sanders	(804) 663-5243	Offers addiction counseling, mental health and medical care, anti-cravings medication, spiritual health, wellness and recreation. <i>Insurance/Payment Accepted:</i> United Healthcare, Medicaid, Aetna, Molina Healthcare, Virginia Premier, Optima Health, Anthem.
<b>Gemeinschaft Home (men's home)</b> 1423 Mt. Clinton Pike, Harrisonburg 22802	John Butler Jr.	540-434-1690 shiftsupervisor@gemeinsc hafthome.org	Self-pay on a sliding scale, normally around \$150/month for 90-day program (minimum). For individuals who have recently exited incarceration and/or are under court supervision. Males only, capacity of 49 beds. Full-time room and board for minimum of 90 days, includes mandatory case management, cognitive-behavioral group sessions, and community service obligations.
<b>Gemeinschaft Home (women's)</b> 110 Old South High St., Harrisonburg 22801	Megan Burruss	(540) 217-2513 m.burruss@gemeinschaft ome.org	Day reporting center designed to reduce the regional/community jail population and to provide interventions for individuals in community area who need them. 90-day program (minimum), structure for intensive supervision depending on level of need, and report from 1-5 days/week. Highest level of need will reside in facility. Subjected to a combination of mandatory drug screens, case management, group sessions, and referral to human service agencies.
<b>Harmony Ridge Recovery Center</b> 47 Chambers Cir Rd., Walker, WV 26180	Catherine Cornell	(855) 942-3922	Work with alcohol rehab, cocaine addiction, fentanyl detox treatment, ambien, barbiturates, benzo, marijuana, heroin, stimulants, opiate, and meth rehab centers. Have medication-assisted treatment. Typically, last 30, 60, or 90 days. Offer medical care, psychiatric sessions, case management services, career and education assistance, leisure time, and in-house 12-step meetings multiple times a week. <i>Insurance/Payment Accepted:</i> Humana, BCBS, Peia, Tricare, Medicaid. Can pay out-of-pocket
<b>HBH Recovery Residence (women only)</b> 620 Court St., Lynchburg 24504	Front Desk	(434) 485-8861	Insurance options/cost: Most Medicaid Services offered: Suboxone treatment; Regina Fitzgerald director direct line- 434-455-2198 or email regina.fitzgerald@horizonbh.org; Reg1 SA Screen & ASAM
<b>Life Center of Galax</b>	Front Desk	(855)-502-2203	Services include methadone, buprenorphine, vivitrol. Discharge is based on each patient's situation and recovery

112 Painter St., Galax 24333			progress. <i>Insurance/Payment Accepted:</i> most insurances and third-party providers, sliding scale available
<b>McShin Foundation</b> 2300 Dumbarton Rd., Richmond 23228	Front Desk	(804) 249-1845	28-day residential program include recovery education and relapse prevention groups, individualized recovery coaching, medical detox, addiction psychiatry, and individual therapy. <i>Insurance/Payment Accepted:</i> CSB program \$3500/28 days, sober living beyond \$135/week + \$150 processing fee
<b>Mohr Center (men only)</b> 1014 East Market st., Charlottesville 22903	Front Desk	(434) 472-1745 <a href="mailto:Mohr.center@regionten.org">Mohr.center@regionten.org</a>	10-bed intensive residential treatment program for men only. Supervised drug-free housing while participating in treatment and living skills training. <i>Insurance/Payment Accepted:</i> Medicaid, call for more options
<b>Mount Regis Center</b> 125 Knotbreak Rd., Salem, VA 24152	Front Desk	(540) 212-6079 540-389-4761 1(800) 317-6772	Offers detoxification services, medication management service, individual, group, and family therapy, experiential therapies, fitness classes, and detailed discharge planning <i>Insurance/Payment Accepted:</i> Aetna, BCBS, Cigna, United Healthcare
<b>National Capital Treatment &amp; Recovery</b> 200 N Glebe Rd Suite 104, Arlington 22203	Front Desk	(703) 841-0703 option 1	Include medical, clinical, and supportive services, daily clinical groups and weekly individual sessions, cognitive behavioral therapy (CBT), medication/withdrawal management, and daily exercise facilitated by fitness specialists. <i>Insurance/Payment Accepted:</i> most major insurance plans, VA Medicaid
<b>New Life for Youth (Christian)</b> 2501 Turner Rd., Richmond 23255	Front Desk	Men: (804) 380-3009, Women: (804) 230-4485 <a href="mailto:info@newlifeforyouth.org">info@newlifeforyouth.org</a>	Have separate men and women's programs as well as a Mercy Moms House. Accepts most private insurance.
<b>New Vision</b> 2204 Wilborn Ave., South Boston, VA 24592	Front Desk	(434) 517-3586	Medically supervised, hospital-based experiencing impending or active withdrawal from alcohol, prescription medications, and/or certain drugs. Include opioids, alcohol, cocaine, benzodiazepines, and combined substances. Normally admitted for a 3 day stay. Includes comprehensive pre-screening, medical stabilization and withdrawal relief, individualized discharge planning with client involvement. Most insurance plans accepted, including Medicaid and Medicare
<b>Oxford Houses of Virginia</b>	Front Desk	(540) 209-8536	<a href="https://www.vaoxfordhouse.org/">https://www.vaoxfordhouse.org/</a> , self-run
<b>Pathways Residential Treatment Center</b> 3300 Rivermont Ave., Lynchburg, VA 24503	Front Desk	(434) 200-4455	Services: 21-28 day residential using suboxone treatment for mild to moderate withdrawal symptoms. Only group therapy, no individual. <i>Insurance/Payment Accepted:</i> Aetna, Blue Cross, Blue Shield, Cigna, United Healthcare; CSB rate- \$600/day x 28 day minimum
<b>Peter's Place RVA Recovery</b> 3517 Floyd Ave., Richmond 23221	Front Desk	804-539-2507 Housing- (804) 298-0706 <a href="mailto:eva@petersplacervarecovery.org">eva@petersplacervarecovery.org</a>	LGBTQIA+ recovery house, participate in meals, recovery meetings, house meetings, and recreation together. Call for payment options
<b>Pinnacle – Leesburg Treatment Services</b> 155 Wadsworth Dr. Richmond 23225	Front Desk	(804) 531-3085 (804) 533-1330	Individuals struggling with addiction to opioids alcohol, opiates, or other substances. Receive individual, family, and group counseling, cognitive behavioral therapy (CBT), mindfulness, motivational enhancement therapy (MET), motivational interviewing (MI), and somatic experiencing. Relapse prevention, anger management, grief/loss therapy, life skills, and meditation groups. <i>Insurance/Payment Accepted:</i> all Medicaid policies, United Healthcare, and some commercial insurances
<b>Pyramid Healthcare, Inc.</b>	Front Desk	VA: (844) 431-7422 WV: (717) 809-2088 PA & NJ: (866) 724-1529 MD: (301)769-7610 OH: (937) 729-2127	36 locations in Virginia, West Virginia, Pennsylvania, New Jersey, Maryland, and Ohio. Services include adult detox, dual diagnosis, halfway houses, and Medication Assisted Treatment (MAT); Adult/teen residential/inpatient, partial hospitalization, intensive outpatient, outpatient, and specialty substance use and mental health treatment programs. <i>Insurance Accepted in VA:</i> Aetna, Aetna Better Health of Virginia, Anthem BCBS of Virginia, Anthem HealthKeepers

		<a href="http://www.Pyramid-healthcare.com">www.Pyramid-healthcare.com</a>	<i>Plus, Cigna, Magellan, Magellan Complete Care, Molina Complete Care, Optima Health/Optima Family Care, Optum, Piedmont Community Health Plan, TriCare/Humana, United Healthcare Community Plan, Virginia Premiere/Kaiser Permanente</i>
<b>RBHA Hope</b> 107 S 5 <sup>th</sup> St, Richmond 23219	Front Desk	<a href="tel:8048194100">(804) 819-4100</a>	Provide treatment services to 182 individuals including men, women, and women with their children. Have men treatment center that includes recovery management, trauma education, anger management, evening gardening, and smoking cessation. For women's center, pregnant and parenting women receive priority admission into program. Children accompanying must be under the age of 11 years old. Call for payment options
<b>Recovery Ventures</b> 2706 US-70, Swannanoa, NC 28778	Front Desk	(828) 686-0354 info@recoveryventurescorp.org rvcintakes@aol.com	Residents are given jobs, jobs pay dividends towards cost of room, board, and Recovery Ventures program itself. Will provide food, clothing, entertainment, travel, activities, parties, meetings, family events, one-on-one therapy, life skills assistance, job training, and therapeutic groups. Have mandatory clinical groups 4-5 nights/week, individual counseling,
<b>Region Ten Community Services Board- Blue Ridge Center</b> 100 Burnet St., Charlottesville 22902	Front Desk	(434) 972-1800 Christina.percival@regionten.org	Includes individualized Service Plan (ISP), instruction in activities of daily living, coordination of psychiatric and medical care, education about community resources, opportunities for socialization, and coordination and support of vocational rehabilitation. Average duration is 1-3 years. <i>Insurance/Payment Accepted: Medicaid, CSB (\$433/day for CSU, \$393.50/day for 3.5)</i>
<b>Rivendell Recovery Center</b> 96 Marsh Ln., White Post 22663	Front Desk	(540) 323-4984 info@myrivendell.org	Three phases- first 90 days are live-in with groups and two 12-step meetings a day. Next 60 days are transitional, clients work part-time and live outside of Rivendell in a sober environment. Return a minimum of 3x/week and given a transition plan. Next 7 months return 2x/week until first-year anniversary is celebrated. No more than 10 clients at a time, non-medical program. <i>Insurance/Payment Accepted: \$16k due up front. CSB will do \$8k x 6 months w/ \$8k renewal</i>
<b>Roads to Recovery</b> 3000 Langhorne Rd., Lynchburg 24501	Front Desk	(434) 455-0053 info@roads2recovery.org	Provide individual recovery coaching, groups to build recovery capital, enhance life skills, assistance to find a job, help to quit smoking, and much more. Offers structure of single-gender homes with Resident Manager 24/7. Interaction with nature, outdoor adventures, and group outings. Some services require a fee, while others are free, and individual situations are considered on a case-by-case basis. No one will ever be turned away due to inability to pay
<b>Roanoke Rescue Mission- Way Forward (Christian)</b> 402 4 <sup>th</sup> St SE, Roanoke 24013	Stephen Dimarzio	(540) 777-7675 Stephen.dimarzio@rescuemission.net	12-15-month residential commitment. Evidence-based and biblical based classes, community integration, individualized recovery plans, and practical applications. Have prescreen and intake process. <i>Program is free of charge</i>
<b>Safe Harbor Recovery Center</b> 2700 London Blvd., Portsmouth 23707	Front Desk	(888) 270-1371	Evidence-based treatment including motivational interviewing. Individual, group, and family counseling. Use relapse prevention assessments to manage and plot individual recovery process. Work with co-occurring diagnosis. <i>Call or fill out form online to verify insurance</i>
<b>Sober Living America</b>	Front Desk	(877) 430-0086	<a href="https://soberlivingamerica.org/about/">https://soberlivingamerica.org/about/</a> , linkage to low-cost out of state peer run residential programs
<b>Southeast Virginia Family Project (women only)</b> 2351 Terminal Ave., Newport News 23607	Front Desk	(757) 245-1070 sefpinfo@hnncsb.org	For pregnant and parenting women. Includes health care, prenatal and postpartum care, family planning, nursing care management, HIV testing and counseling, addiction treatment, non-medical detoxification, case management, group, family and individual counseling, group education in stress/anger management, assistance with vocational and job skills training. Contact provider for fee information. Approved providers for Medicaid
<b>The Healing Place</b> Women's- 2220 Stockton St.,	W: Anna Murphy	W: (804) 401-8671 M: (804) 887-1580	Long-term peer-driven residential program. Includes workforce development program (CARITAS), transitional sober living community within the CARITAS Center, and active Alumni Association.



Richmond 23224 Men's- 700 Dinwiddie Ave., Richmond 23224	M: Justin Woods	jwoods@caritasva.org	Services are free
<b>The Recovery Connection (women only)</b> 320 Westwide Station Dr., Winchester 22601	Front Desk	(540) 594-4357 info@therecoveryconnect onllc.com	24-hour support staff, 10-12 hours weekly programming to include group counseling using evidence-based therapies, recreational groups and holistic healing, peer-run house meetings and groups, weekly progress meetings with treatment team, room and board (rent, utilities, food, beverage, linens, toiletries), case management, aftercare planning. Offer sober living program with onsite support staff, safe and structured housing, transportation to local mutual aid meetings/support groups, weekly programming. <i>Insurance/Payment Accepted:</i> Aetna, Anthem, Molina, Optima Health, Virginia Premier
<b>Valley Health Inpatient Behavioral Health Services</b> 1890 Amherst St., Winchester, VA 22601	Front Desk	(540) 536-8152	Assessment and treatment of psychiatric disorders with or w/o substance use. Programs for adults 18+ and seniors 55+. Include individual psychiatric assessment, individual therapy, medication management, anxiety/depression management, grief counseling, family and group therapy, psychopharmacology, and electroconvulsive therapy (ECT) <i>Insurance/Payment Accepted:</i> Most privates insurances (excluding United) and Medicaid. Approx. \$12,000 for 28 days
<b>Veterans Administration Medical Center- Salem</b> 1970 Roanoke Blvd., Salem 24153	Linda Richards	(540) 982-2463	Match services like counseling, group therapy or medication to specific needs. <i>Insurance/Payment Accepted:</i> Veteran Benefits, will work with other health coverage including Medicare, Medicaid, Tricare, and other private insurance plans through spouse's employer.
<b>Virginia Association of Recovery Residences (VARR)</b> 2604 N Parham Rd., Richmond 23294	Front Desk	(804) 593-1360 agrimes@varronline.org	Create, monitor, evaluate, and continually improve recovery residence standards. Accredited recovery residences who meet criteria and standards of VARR. Website includes list of recovery residences that are VARR Certified.
<b>Virginia Health Center</b> 1701 North George Mason Drive, Arlington 22205	Front Desk	Intake line: (703) 558- 6755 M-F 8am-3:30pm	Program features a series of lectures and specialized education groups about an addictive disease. Evidence-based alcohol detoxification and rehabilitation, meditation education and spiritual care, gym for mentally stable patients. Coordinated care, alumni association. Length of stay based on medical need, educational needs, and desire for rehabilitation. Call for insurance/payment accepted
<b>Williamsville Wellness</b> 10515 Cabaniss Ln., Hanover, VA 23069	Front Desk	(804) 599-9959	Offer 28-day residential program for both substance/alcohol and gambling. Provide 15+ one-on-one sessions per week. Features shared bedrooms, formal dining room, in-house kitchen, and gym. Have Veteran Addiction Treatment Program, VA covers addiction treatment. <i>Insurance/Payment Accepted:</i> Anthem, Beacon, Cigna, Magellan Health, United Healthcare, Optum Care, Piedmont Community Health Plan, Optima Health

## Support Groups

ORGANIZATION NAME	ADDRESS	NUMBER/EMAIL	RELEVANT INFORMATION AND DATES/TIMES
<b>AA "1<sup>st</sup> Tradition Group"</b> Trinity Episcopal Church	214 W. Beverley St., Staunton 24401		Fridays 8pm.
<b>AA "3<sup>rd</sup> Tradition LGBTQ+ &amp; Allies"</b>	1910 W. Beverley St., Staunton 24401	Zoom ID: 787 3128 7095 PW: LGBTQ+	Thursdays 5:30pm in-person. Saturdays 12pm online.
<b>AA "4<sup>th</sup> Tradition Group"</b> Trinity Episcopal Church	214 W. Beverley St., Staunton 24401		WOMEN ONLY. Mondays 6pm.
<b>AA "Another Saturday Group"</b>		Zoom ID: 861 3529 5979	Saturdays 7pm.
<b>AA "Clean Air Group"</b>	Marilynn Jarrells	Zoom ID: 395342240	Online Tuesdays 8pm.

		PW: Gratitude	
<b>AA Dayton Group</b> Dayton Mennonite Church	4887 John Wayland Hwy, Harrisonburg 22801		MEN ONLY. Thursdays 5:30pm.
<b>AA "Keep it Simple"</b>		Zoom, ID: 302 493 953 PW: 338443	Sundays 10am.
<b>AA "Library Group"</b>	1759 Jefferson Hwy., Fishersville 22939	ALT Zoom Meeting, ID: 846 4126 5869, PW: convaluiss	Mondays, Tuesdays, Wednesdays, Thursdays, and Fridays 12pm. Wednesdays 6:30pm.
<b>AA "Main St. Group"</b> Main Street United Methodist Church	601 W. Main St., Waynesboro 22980		Tuesdays and Thursdays 8pm.
<b>AA Meetings</b> Muhlenberg Lutheran Church	281 E Market St., Harrisonburg 22801		Wednesdays 5:30pm (Women's Literature AA meeting). Thursdays 7:30pm (Harrisonburg Fellowship Group).
<b>AA "Men's Meeting"</b>	932 Fir St., Waynesboro 22980		MEN ONLY. Mondays 7pm.
<b>AA Port Republic Meeting</b>	7120 Ore Bank Rd., Port Republic 24471		Fridays 5:30pm.
<b>AA "Potential Alcoholics Everywhere"</b> 1 <sup>st</sup> Baptist Waynesboro Education Building	300 Chestnut Ave., Waynesboro 22980	Zoom ID: 852 4892 3669 PW: howitworks	Meeting in Room E-102. Beginner focus. Meetings Mondays 7:30pm.
<b>AA "Saturday Women's Meeting"</b> Baptist Education Building	300 Chestnut Ave., Waynesboro 22980		WOMEN ONLY. Saturdays 12pm.
<b>AA Serenity Group</b>	Walter (540) 742-5133	Zoom ID: 812 2978 3251 PW: 890826	Sundays 11am.
<b>AA "Shenandoah Heights Group"</b> Coyner Springs Park	2091 Lyndhurst Rd., Waynesboro 22980		Outdoor meeting. Thursdays 10am, Fridays 11am, Saturdays 12pm.
<b>AA "Staunton Group"</b>	1910 W Beverley St., Staunton 24401		Sundays 7:30am, 12pm, 5pm. Mondays 7:30am, 12pm, 8pm. Tuesdays 7:30am, 12pm, 5:30pm, 8pm (closed- Alcoholics only). Wednesdays 7:30am, 12pm, 8pm. Thursdays 7:30am, 12pm, 8pm. Fridays 7:30am, 12pm, 5:30pm, 8pm (closed- Alcoholics only). Saturdays 7:30pm, 12pm, 8pm.
<b>AA "Stuarts Draft Group"</b> Calvary United Methodist Church	36 Rose Ave., Stuarts Draft 24477		Mondays and Thursdays 6:30pm. Located at Destiny Family Center.
<b>AA "Study Group"</b> Dockery Clinic	1410 Churchville Ave., Staunton 24401		Tuesdays 7pm (closed- Alcoholics only).
<b>AA "The Club"</b>	120 Waterman Dr., Harrisonburg 22802		Sundays 9am (closed), 12 (open), 7pm. Mondays 12pm (C), 5:30pm and 7pm (O). Tuesdays 12pm (C), 5:30pm and 8pm (O). Wednesdays 12pm (C) and 7pm (O). Thursdays 12pm (C), 5:30pm (C-WOMEN ONLY), 7pm (O). Fridays 12pm (C) and 5:30pm. Saturdays 12pm and 7pm (O).
<b>AA Valley Intergroup</b>		admin@aavalleyintergroup. org	Provides list of meetings and changes to where and when. Staunton/Verona AA (540) 885-6912. Waynesboro (540) 949-7777. Harrisonburg (540) 434-8870
<b>AA "Verona Group"</b> Verona United Methodist Church	406 Lee Hwy., Verona 24482		Sundays and Wednesdays 8pm.
<b>AA "Waynesboro Group"</b>	473 S. Wayne Ave.,		Sundays 8pm (closed- Alcoholics only). Tuesdays 11am. Wednesdays 8pm (closed- Alcoholics

St. John's Episcopal Church	Waynesboro 22980		only). Fridays 11am (closed- Alcoholics only). Saturdays 8pm.
<b>AA "We can't always get what we want"</b> Saint Stephen's United Church of Christ	358 S Main St., Harrisonburg 22801		Saturdays 8am. Use side door on Campbell St.
<b>AA "Weyers Cave Group"</b> Pleasant Valley Church of the Brethren	91 Valley Church Rd., Weyers Cave 24486		Fridays 8pm.
<b>Blue Ridge Area Narcotics Anonymous</b>	<a href="https://brana.org">https://brana.org</a>	1-800-777-1515 24-hour hotline	Select meetings are open, check schedule.
<b>Celebrate Recovery</b> Calvary Baptist Church	105 Garland Dr., Staunton 24401	(540) 885-5512 Jwcrosby12@gmail.com	For all types of problems and addictions. Enter through Crosstown, opposite of the Children's playground. 12-step biblical program based on the 8 recovery principles. Thursdays 7pm worship and teaching, 8pm gender specific open share groups, 8:30pm fellowship.
<b>District 47 Alcoholics Anonymous (AA)</b>	<a href="http://www.district47.org">www.district47.org</a>	(540) 688-8219	Select meetings are open, check schedule
<b>Harrisonburg AA</b>	<a href="http://www.harrisonburgaa.org">www.harrisonburgaa.org</a>	(540) 434-8870	Select meetings are open, check schedule.
<b>NA "A Chance for Gratitude"</b> Central United Methodist Church (in basement on Beverley St.)	14 North Lewis St., Staunton 24401		Open meetings Thursday and Saturday 6:30pm.
<b>Narcotics Anonymous</b> Waynesboro Library	600 South Wayne Ave., Waynesboro 22980		Open meetings Tuesday at 1pm.
<b>NA "Find a New Way to Live"</b> Main Street Methodist Church	601 W Main St., Waynesboro 22980		Open meetings Monday, Friday at 7pm.
<b>NA "Just for Today"</b> Valley Mission	1513 West Beverley St., Staunton 24401		Open meetings Wednesday 7pm. Once a month committee meeting 3 <sup>rd</sup> Wednesday 6pm.
<b>NA Meeting</b> Valley Community Services Board	85 Sanger's Ln., Staunton 24401		Wednesdays 1:30pm.
<b>NA "No Matter What"</b> Christ United Methodist Church	1512 Churchville Ave., Staunton 24401		Sundays, Tuesdays, Fridays, 6:30pm.
<b>NA "Recovery by the River"</b>	835 Green Hill Ln., Churchville 24401		Outdoor open meeting April-November 2 <sup>nd</sup> Saturday of the month 3pm. Located in Lot #635.
<b>NA "Together We Can"</b> Commerce Village Activity Center	21 Elon Rhodes Ln., Harrisonburg 22802		Sundays 7pm.
<b>NA "Together We Can"</b> First Presbyterian Church	17 Court Square, Harrisonburg 22802		Mondays and Saturdays 7pm. Fridays 7pm candlelight meeting except last Friday of month (anniversary meeting).
<b>NA "Together We Can"</b>		Zoom: <a href="https://us02web.zoom.us/j/82282008824">https://us02web.zoom.us/j/82282008824</a>	Virtual Tuesdays 7pm.
<b>NA "Together We Can"</b> <b>Sunrise Church of the Brethren</b>	1496 S. Main St., Harrisonburg 22801		Wednesdays 5:30pm, Thursdays 7pm Enter at rear of church, the meeting room is upstairs.

<b>Rise Up &amp; Bloom</b>	Kendall Crim	(540) 885-7273 ext. 116#	Group for survivors of sexual and domestic violence and intimate partner violence. Support groups facilitated by staff and trained volunteers to provide a safe space to survivors of sexual violence and domestic violence. Group meets on 2 <sup>nd</sup> and 4 <sup>th</sup> week of each month at 6pm. Group hosted on google meet but can be shifted to in person if the need arises.
<b>Shenandoah Valley Area Narcotics Anonymous</b>	<a href="http://www.shevana.org/">www.shevana.org/</a>	(800) 777-1515	Select meetings are open, check schedule.
<b>House of Restoration Fellowship</b>	2217 S Main St., Harrisonburg 22801	(540) 433-5658 info@kingswayoutreach.org	2pm every Sunday. Must be 18 or older to attend.
<b>Mothers of Inmates</b>	2217 S Main St., Harrisonburg 22801	(540) 433-5658 info@kingswayoutreach.org	3 <sup>rd</sup> Tuesdays of every month at 6:30pm.

## Dental Providers

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	RELEVANT INFORMATION AND/OR CARE MANAGEMENT SERVICES
<b>All Smiles</b> 129 University Blvd. Suite A, Harrisonburg 22801	Front Desk	(540) 432-1300	Include oral and maxillofacial surgery, leading pediatric dental care provider. Accepts Medicaid for adult patients. <i>Insurance/Payment Accepted:</i> Assurant, United Concordia, Ameritas, Guardian, MetLife, Delta Dental, DenteMax, Medicare
<b>Anita Bell, D.D.S.</b> 2835 Stuarts Draft Hwy, Stuarts Draft 24477	Front Desk	(540) 337-1324	General dentistry, crowns/bridges, veneers, whitening, fillings, partials/dentures, night guards, sealants/fluoride, orthodontic appliances. <i>Insurance/Payment Accepted:</i> Aetna PPO, Anthem, Cigna, Delta Dental Premier, Guardian, MetLife, Principal, Tricare, United Concordia
<b>Aspen Dental of Virginia PC</b> 1970 Rosser Ave., Waynesboro 22980	Front Desk	(540) 910-6048	General dentistry, cosmetic dentistry, emergency dental services, and denture services. <i>Insurance/Payment Accepted:</i> Aetna PPO, Ameriplan, Ameritas Life Insurance Corporation, Anthem, AON, Avia, Basix Dental Discount, Blue Cross/Blue Shield, Careington, Cigna PPO, Decare Dental, Delta Dental, Dental Benefit Providers, Dental Directory Services, Dental Health Alliance (DHA), Dental Network of America (DNOA), Dentegra, DenteMax, GEHA Connection Dental, Guardian Life Insurance Company, Humana Dental PPO, Maverest, MetLife, Principal Life Insurance Company, Signature Dental, Uni-care, United Concordia, United Healthcare
<b>Augusta Regional Dental Clinic</b> 342 Mule Academy Rd., Fishersville 22939	Front Desk	(540) 221-6635	General dentistry services like routine exams, cleanings, emergency consultations, fillings, extractions, and some specialist's services (like root canals and crowns). <i>Insurance/Payment Method:</i> accept patients of all ages with Medicaid benefits or with no insurance, uses sliding scale (\$45 or \$75 depending on income)
<b>Brian T. Brumbaugh D.D.S.</b> 15 Gosnell Crossing, Staunton 24401	Front Desk	(540) 213-2244	Pediatric dentistry for infants, children, and adolescents. Dental cleaning and exams, sedation dentistry, white fillings, pulpotomy, sealants, tooth extractions, space maintainers, and stainless-steel crowns. <i>Insurance/Payment Accepted:</i> Most dental insurances, participate with Delta Dental and Medicaid on limited basis
<b>Dental Health Associates (Fishersville)</b> 9 Pinnacle Drive Suite A01, Fishersville 22939	Front Desk	(540) 886-5371	General dentistry, esthetic and restorative procedures. Accepts Medicaid. General and preventive dentistry, restorative services, cosmetic dentistry, and treatment for temporomandibular joint disorders (TMJ). <i>Insurance/Payment Accepted:</i> Cigna/GEHA, Aetna, Ameritas, Anthem, Assurant, Delta Dental, Dental Health Plan, Dental Network of America, DenteMax, Guardian, Maverest, Met Life, Principal Life, United Concordia, United Health Care, pricing for various services included on website
<b>Dental Health Associates (Verona)</b> 75 Lee Highway Suite 101, Verona	Front Desk	(540) 248-2500	General dentistry, esthetic and restorative procedures. Accepts Medicaid. General and preventive dentistry, restorative services, cosmetic dentistry, and treatment for temporomandibular

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	RELEVANT INFORMATION AND/OR CARE MANAGEMENT SERVICES
24482			joint disorders (TMJ). <i>Insurance/Payment Accepted:</i> Cigna/GEHA, Aetna, Ameritas, Anthem, Assurant, Delta Dental, Dental Health Plan, Dental Network of America, DenteMax, Guardian, Maverest, Met Life, Principal Life, United Concordia, United Health Care
<b>Dentaquest.com</b>	Phone assistance or on website	(888) 278-7310	Has option to search for dental providers in area based on Medicaid plan.
<b>Dr. Alan White &amp; Dr. Jesse Myers</b> 601 Greenville Ave., Staunton 24401	Front Desk	(540) 886-1979	Crowns, exams, cleanings, Invisalign, and root canals. Does NOT accept Medicaid. <i>Insurance/Payment Accepted:</i> Most dental insurance plans (out-of-network), contact to find out if they accept yours
<b>Healthy Community Health Centers: Stone Port</b> 1380 Little Sorrell Dr. #100, Harrisonburg 22801	Front Desk	(540) 433-4913	Provide teeth cleanings, periodontal/gum disease treatment, fillings, crowns/bridges, root canal therapy, extractions. <i>Insurance/Payment Accepted:</i> All major health insurance programs, including Medicare and Medicaid. Have sliding fee discount program to uninsured and under insured qualified individuals and families
<b>Smiles for Life Dental Care</b> 502 N Coalter St., Staunton 24401	Front Desk	(540) 609-7196	General dentistry, dental bridges, crowns, fillings, implants, and dentures. Gum contouring and treatment, Invisalign, restorative dentistry, sleep apnea treatment, teeth whitening, TMJ (jaw) treatment. <i>Insurance/Payment Accepted:</i> Accept many insurance and finance options out-of-network, Delta Dental is in-network
<b>South River Dental</b> 1305 13 <sup>th</sup> St. Suite D2, Waynesboro 22980	Front Desk	(540) 943-1222 info@SouthRiverSmiles.com	General dentistry including treating children, bonding, bridges, composite fillings, crowns, dentures, implants, Invisalign, periodontal treatment, root canal, sealant, veneers, and whitening. <i>Insurance/Payment Accepted:</i> Aetna, Anthem, Blue Cross/Blue Shield, Cigna, Guardian, Humana, Liberty, MetLife, United Healthcare, United Concordia
<b>Staunton Dental Care</b> 1600 N. Coalter St. Suite 304, Staunton 24401	Front Desk	(540) 508-8384	Cosmetic dentistry, crowns, dental imaging, emergency dental care, Invisalign, oral health, and oral surgery. <i>Insurance/Payment Accepted:</i> Delta Dental, MetLife, United Concordia, Unicare, Cigna, SOME Medicare/Medicaid
<b>Staunton Family Dentistry</b> 369 N Coalter St., Staunton 24401	John Boyles D.D.S.	(540) 886-3261	Care for children's teeth, cleanings and prevention, cosmetic dentistry, periodontal disease, and restorations. <i>Payment/Insurance Accepted:</i> Delta Dental, Cigna, United Concordia, Aetna PPO
<b>Virginia's Medicaid Smiles for Children Program</b>	Altise M. Street – Outreach Coordinator	(804) 522-1182 OR <a href="mailto:altise.street@greatdentalplans.com">altise.street@greatdentalplans.com</a>	Dental service to children under age 21. Can go to DentaQuest Smiles for Children website for more information.
<b>Willis Family Dentistry (Churchville)</b> 21 Scenic Highway Rd., Churchville 24421	Front Desk	(540) 337-6004	General dentistry, preventative care, fillings/restorations, sealants, dentures, crowns, tooth extractions, gum disease, sleep apnea, TMJ disorder, veneers, teeth whitening. <i>Insurance/Payment Accepted:</i> United Concordia, Delta Dental Premier, Cigna
<b>Willis Family Dentistry (Stuarts Draft)</b> 2927 Stuarts Draft Hwy Suite 105, Stuarts Draft 24477	Front Desk	(540) 414-8423	General dentistry, preventative care, fillings/restorations, sealants, dentures, crowns, tooth extractions, gum disease, sleep apnea, TMJ disorder, veneers, teeth whitening. <i>Insurance/Payment Accepted:</i> United Concordia, Delta Dental Premier, Cigna
<b>Willis Family Dentistry (Waynesboro)</b> 101 Pelham Dr., Waynesboro 22980	Front Desk	(540) 943-9703	General dentistry, preventative care, fillings/restorations, sealants, dentures, crowns, tooth extractions, gum disease, sleep apnea, TMJ disorder, veneers, teeth whitening. <i>Insurance/Payment Accepted:</i> United Concordia, Delta Dental Premier, Cigna
<b>Willis Family Dentistry (Weyers Cave)</b> 1151 Keezletown Rd., Weyers Cave	Front Desk	(540) 902-0205	General dentistry, preventative care, fillings/restorations, sealants, dentures, crowns, tooth extractions, gum disease, sleep apnea, TMJ disorder, veneers, teeth whitening. <i>Insurance/Payment Accepted:</i> United Concordia, Delta Dental Premier, Cigna

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	RELEVANT INFORMATION AND/OR CARE MANAGEMENT SERVICES
24486			

## Housing and Rent Assistance

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	RELEVANT INFORMATION AND SERVICES
<b>Artis Transitions</b>	Susan Artis-Venable	(614) 886-7439 sartvenable@gmail.com	Assist those who live in public housing and homeless residents. Program services may include job training, life skills classes, education, counseling, child care, transportation, support groups, and financial guidance.
<b>Centralized Housing Intake (Open Doors)</b>		(540) 271-1701	If you are experiencing homelessness or will lose housing in the next 10-14 days, call centralized housing intake.
<b>First Step</b> 129 Franklin St., Harrisonburg 22801	Call Hotline 24/7	Hotline: (540) 434-0295 firststepva@gmail.com	Provide emergency shelter for individuals fleeing from a dangerous environment and are in imminent danger. Have legal advocates to offer moral support, case management services, assistance in locating housing in the Harrisonburg/Rockingham county area. Will provide short-term rental assistance when funding is available.
<b>Gateway Senior Living</b> 73 Pinnacle Dr., Fishersville 22939		(540) 210-3888	Provides additional housing option for seniors on fixed incomes within Augusta County and the surrounding area. Serve adults 55 and up and offers 80 one- and two-bedroom apartments.
<b>Habitat for Humanity</b> 818 Greenville Ave., Staunton 24401	Jill Bader	(540) 490-4204 jbader@sawhfh.org	Habitat Homebuyer Program for those who make less than the area's median income and are interested in owning their own home. Applicants do not need perfect credit but must have income sufficient for living expenses and to support a mortgage. Also offer critical home repairs. Open Thursday, Friday, and Saturday 10am-4pm.
<b>Kingsway Outreach</b> 2217 S Main St., Harrisonburg 22801	Louise Jennings	(540) 433-5658 info@kingswayoutreach.org	Help released inmates from local jails and correctional centers find household, clothing, and food related needs Assists released inmates and families with locating housing, transportation, jobs, and transportation to attend church services. Tuesdays, Wednesdays, and Thursdays 10am-2pm.
<b>Landings at Weyers Cave</b> 20 Landings Dr., Weyers Cave 24486		(540) 712-6599	Have affordable, income-based apartments (typically less than average cost for similar apartment in another neighborhood). Applications are available online or can call for assistance M-F 9am-5:30pm.
<b>Love INC.</b> 123 State Rte. 608, Fishersville 22939	For Assistance call M/W/F 9am-3pm	(540) 221-2955 office@loveincsa.org	Provide household furniture and items, connections to community resources, educational classes, and clothing vouchers. Fill out form on website or call for assistance.
<b>Mercy House, Inc.</b> 305 N High St., Harrisonburg 22802	Shelter Office Hours M-F 9am-5pm.	(540) 432-1812 sabrina@themercyhouse.org	Serves verifiably homeless families with dependent children (under 18) in their custody and provides housing at the Mercy House. For an initial application screening, call (540) 271-1701. Limited funds for persons or families that are behind in their rent and are facing imminent eviction (less than 2 weeks until they must be out of their home).
<b>New Directions Center</b> 110 W Johnson St. Suite 102, Staunton 24402	Text an advocate: (804) 793-9999	(540) 885-7273 or 24/7 Crisis Hotline: (540) 886-6800	Safe, confidential homes offer temporary emergency shelter for domestic violence, sexual assault, and human trafficking victims. Also have a food pantry, hygiene products, and a clothing closet for survivors in need. If in need of immediate services and/or emergency shelter, please call hotline. Other services include hospital accompaniment and emotional support services for adults, youth, and family. M-F 8:30am-4:30pm.
<b>Renewing Homes of Greater Augusta</b> PO Box 3152 Staunton 24402	Sharon Coplai	(540) 885-7894 renewinghomesga@gmail.org	Assists low-income families with critical home repairs (income below 200% of Federal Poverty Guidelines). Repairs done at no cost to homeowner. Apply online, send copy to address, call for application to be sent to you.

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	RELEVANT INFORMATION AND SERVICES
<b>Ruth's WARM House</b> 1035 Fairfax Ave., Waynesboro 22980	Front Desk	(540) 324-8166	Provide temporary shelter to homeless women with children. Offer cost-free family-oriented shelter for up to 7 families at one time. Families may participate in the program for up to 6 months but may transition out of residential services as early as one to two months. All applicants must be homeless or an immediate danger of becoming homeless, female, 18 years or older, have at least one child in their custody/care, must not have any unattended warrants, must not be fleeing from a current domestic violence incidence, and must be willing to abide by WARM regulations and program requirements.
<b>Stanton Augusta Church Relief Association (SACRA)</b> 205 N Augusta St., Stanton 24401	For Assistance call T/W 9-11:30am	(540) 886-3957	Provides financial assistance to individuals who have an eviction notice. Also provides assistance to residents in need of help with food or hygiene.
<b>Stanton Redevelopment and Housing Authority</b> 900 Elizabeth Miller Gardens, Stanton 24401	For assistance call M-F 9am-5pm	(540) 886-3413	Properties provide affordable housing to eligible low-income families and individuals, elderly, and handicapped/disabled in the community. Offer 1-to-5-bedroom apartments and townhouses to those eligible. Offer vouchers that low-income families can use to lower their rents in the private market.
<b>Suitcase Clinic- Healthcare for the Homeless</b> 755 Martin Luther King Jr. Way MSC 9024, Harrisonburg 22801	Terri Stone	(540) 908-1789 suitcaseclinic@jmu.edu	Clinic services include onsite healthcare, referrals to specialists, medication assistance, case management, dental services, foot clinics, mental health services, and Medicaid enrollment assistance. Clinic schedule Our Community Place- 17 E Johnson St Mondays 9am, Salvation Army 895 Jefferson St every other Monday 4pm, Gemeinschaft Home 1423 Mt. Clinton Pike Tuesdays 9am, Open Doors Wednesdays 6:30pm. Clients are anyone utilizing the shelters in Harrisonburg, VA who need guidance to get the healthcare resources they need.
<b>The Salvation Army</b> 1700 W Beverley St., Stanton 24401	By Appointment M/T/W 9am- 11:30am & 1-3pm	(540) 885-8157	Assistance with job and housing applications, clothing, toiletries, furniture, rent and mortgages, bus vouchers, and utilities.
<b>The Salvation Army</b> 895 Jefferson St., Harrisonburg 22802	By Appointment M/W/F	(540) 433-2785	Provide utility assistance and grocery/food assistance.
<b>The Salvation Army</b> 900 B Street Waynesboro, 22980	Front Desk M-F 9am-12pm & 1-4pm	(540) 943-7591	Emergency assistance with rent/mortgage/utility. Recovery room thrift shop
<b>The Salvation Army Family Services and Emergency Shelter</b> 895 Jefferson St., Harrisonburg 22802	Front Desk M-F 8:30am-12pm & 1- 4:30pm	(540) 433-2785	Provides shelter for individuals and families, case management services are first come first served (Everyday starting at 4 pm until full) Provides families and single adults with shelter and support including basic and intensive case management, health and nutritional programs, and other community connections. The 40-bed shelter has 2 family rooms as well as 28 beds for single women and men. Intake begins daily at 4pm, new admissions processed on a first come first serve basis, based on available space. The evening meal is served in the dining room each evening at 5pm. Individuals will be allowed to stay a maximum of 90 days provided that they have employment. Individuals unemployed may stay a maximum of 30 days unless they secure employment. Individuals on SSI/D may stay a maximum of 90 days.
<b>VA Legal Aid</b>	Front Desk	Eviction Helpline- 1- 833-NOEVICT	Free resource that provides tenants facing eviction or lease termination with legal information and self-help materials, specific legal advice from an attorney (for a limited number of cases) and referrals to other

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	RELEVANT INFORMATION AND SERVICES
			services.
<b>Valley Homeless Connection</b> 85 Sanger's Ln., Staunton 24401	Front Desk	(540) 213-7347	Offer regional shelter, services and resource, regional coordination and referrals, diversion, housing support and needs based assistance.
<b>Valley Mission</b> 1513 W Beverley St., Staunton 24401	For assistance call M-F 8am-4:30pm	(540) 886-4673	Provides services to single men, single women, and families. Accommodates as many as 130 individuals, with a maximum of 60 single men in male dormitory, 30 single women in female dormitory, and up to as many as 40 family units amongst nine separate family rooms. Shelter is equipped with a staff dayroom that includes a seating area for adults, computer lab, counseling suites, an educational afterschool space, teen area, and family entertainment rooms. Space is open M-F 8am-5pm. Meals are served 3x a day on weekdays (6:45am, 12pm, 5pm) and 2x each day on weekends (9:30am, 4pm).
<b>Valley Open Doors Shelter</b> St. Stephen's United Church of Christ 358 S Main St., Harrisonburg 22801	Front Desk (M-F 9am-4pm)	(540) 705-1908	Individuals 18 years or older and experiencing homelessness. Those seeking services should arrive at check-in between 6-6:30 at the check-in location noted on the website. Beds are available first come, first serve. Thermal season shelter hosts: March 6-13: Grace Covenant Church, March 13-20: Cooks Creek Presbyterian Church, March 20-27: Briery Branch Church of the Brethren, March 27-April 3: Bridgewater Church of the Brethren.
<b>Valley Supportive Housing</b> 1314 W Johnson St., Staunton 24401	Lou Siegel	(540) 414-2028 vsh@valleysupportive housing.org	Provide affordable housing and supportive services for those with mental illness, intellectual disabilities, or substance use issues.
<b>WARM</b> 1035 Fairfax Ave., Waynesboro 22980	Front Desk	(540) 324-8166 Shelter Info Line (540) 254-7888 <a href="mailto:cws@warm">cws@warm</a> <a href="http://waynesboro.org">waynesboro.org</a>	During winter months provide shelter, transportation, community referrals, linens, and some personal care and basic need items to homeless adults at no cost. March 6-12: Main Street United Methodist Church, March 13-26: EXPO (277 Expo Rd., Fishersville), March 27- April 2: Tinkling Spring Presbyterian Church, April 3-9: Bridge Christian Church. All weeks will operate from 6pm to 6am/7 days a week, EXCEPT at EXPO which are 24/7.
<b>Waynesboro Redevelopment and Housing Authority</b> 1001 Hopeman Pkwy., Waynesboro 22980	Front Desk	(540) 946-9230	Homeless Intervention Program (HIP) provide time-limited financial and housing counseling assistance to low-income families and families experiencing a financial crisis who are at risk of homelessness or who are currently homeless.

## Financial Assistance

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	RELEVANT INFORMATION
<b>AARP Free Income Tax Prep</b> Augusta County Government Center- Smith's Room East 18 Government Center Ln., Verona 24482	Front Desk	(540) 416-1399	Appointments are required. Tuesdays and Thursdays.
<b>Artis Transitions</b> 306 Ann St., Staunton 24401	Susan Artis	(614) 886-7439 office@artistransitions.org	Provide assistance for individuals experiencing homelessness with finding employment, providing case management. Financial assistance for varying needs (food assistance, car repair, medical bills, etc.).
<b>Common Help</b>	Front Desk	(855) 635-4370	After applying, you can receive food assistance, childcare assistance, heating and cooling



ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	RELEVANT INFORMATION
			assistance, health care, and cash assistance.
<b>Cover Virginia</b>	Front Desk	1 (833)-5CALLVA	Assist with Medicaid enrollment. Virginia Medicaid has low-cost and no-cost health coverage programs. Programs for children, pregnant women and adults, including those with disabilities.
<b>Fountain Fund</b>	Front Desk	(434)-234-3600 <a href="mailto:info@fountainfund.org">info@fountainfund.org</a>	<p>provides microloans to formerly incarcerated individuals who would not qualify for traditional lines of credit, but have viable job prospects or entrepreneurial ventures. Loan funds can be used to pay court-imposed debt, job-related expenses, transportation, securing rental housing, child support or to start a business.</p> <p>To be considered for a loan, applicants must show:</p> <ul style="list-style-type: none"> <li>• A record of past incarceration;</li> <li>• Current or future gainful employment; and</li> <li>• A potential elevation in their personal circumstances as a result of the loan.</li> </ul>
<b>Lifeworks Project</b> P.O. Box 551 Waynesboro, VA 22980	Front Desk	(540) 299-1322 <a href="mailto:thelifeworksproject@gmail.com">thelifeworksproject@gmail.com</a>  <a href="http://www.thelifeworksproject.org">www.thelifeworksproject.org</a>	Assist those needing practical support not covered by social service agencies with micro grants (may include help covering the expenses short on utility bills, daycare bills, etc.).
<b>People Helping People (PHP)</b> 65 Ott St., Harrisonburg 22801	Front Desk	(540) 433-7286 <a href="mailto:Phpinfo.help@gmail.com">Phpinfo.help@gmail.com</a>	Focuses efforts on providing utility assistance. Also help with other basic needs such as medicine, eyeglasses, and items to maintain employment. Financial aid is determined on a per-household basis.
<b>Salvation Army- Staunton</b> 1700 W Beverley St., Staunton 24401	Front Desk	(540) 885-8157 <a href="mailto:stauntonva@uss.salvationarmy.org">stauntonva@uss.salvationarmy.org</a>	Provide clothing as well as job and housing application assistance, toiletries, furniture, rent/mortgages, baby supplies, transportation vouchers, utilities, prescriptions, car repairs, and more.
<b>Salvation Army- Waynesboro</b> 900 B St., Waynesboro 22980	Front Desk	(540) 943-7591 <a href="mailto:waynesborova@uss.salvationarmy.org">waynesborova@uss.salvationarmy.org</a>	Provide clothing as well as job and housing application assistance, toiletries, furniture, rent/mortgages, baby supplies, transportation vouchers, utilities, prescriptions, car repairs, and more.
<b>Shenandoah Valley Social Services (SVSS) Verona Office</b> 68 Dick Huff Ln., Verona 24482	Front Desk	(540) 245-5800	Have benefits program, including medical, financial, energy, childcare, food assistance, and employment services to the citizens of Augusta County, and the cities of Staunton and Waynesboro.
<b>Shenandoah Valley Social Services (SVSS) Waynesboro Office</b> 1200 Shenandoah Ave., Waynesboro 22980	Front Desk	(540) 942-6646	Have benefits program, including medical, financial, energy, childcare, food assistance, and employment services to the citizens of Augusta County, and the cities of Staunton and Waynesboro.
<b>Staunton Augusta Church Relief Association</b>	Front Desk	(540) 886-3957	Provides financial assistance to individuals who have an eviction notice. Also provide assistance

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	RELEVANT INFORMATION
205 N Augusta St., Staunton 24401			to residents in need of help with food or hygiene.
<b>Temporary Assistance for Needy Families (TANF)</b> 68 Dick Huff Ln., Verona 24482	Front Desk	(540) 245-5800	Provides eligible families with a monthly cash payment to meet basic needs. Child must be under 18, enrolled and attending a secondary school or vocational/technical school, and is meeting the enrollment/attendance requirements. Must be living with parent or other relative and be a U.S. citizen or eligible immigrant. Other services may include job skills training, work experience, job readiness training, childcare assistance, transportation and other work related expenses.
<b>United Way</b> 24 Idlewood Blvd, Ste 106-112, Staunton 24401	Front Desk	(540) 885-1229	Provide educational resources to child, promote financial stability and independence, and assist in improving people's health through various resources.
<b>Valley VITA Free Tax Assistance</b>	Front Desk	(540) 221-1654 Schedule online valleyvita.as.me/	Appointments are required. <b>Tuesdays-</b> United Way Office at 24 Idlewood Blvd, Fishersville from <b>10am-2pm</b> . Stuarts Draft High School at 1028 Augusta Farms Rd., Stuarts Draft <b>5-8pm</b> . <b>Wednesdays-</b> Rosenwald Community Center at 413 Port Republic Rd., <b>2-6pm</b> . <b>Thursdays-</b> Booker T Washington Center at 1114 W. Johnson St., Staunton <b>3-8pm</b> .

## Food Assistance

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	DATES/TIMES AND RELEVANT INFORMATION
<b>Allen Chapel A.M.E. Church</b> 936 Sudbury St., Staunton 24401	Front Desk	(540) 886-2210 allenchapelstaunton@gmail.com	<b>2<sup>nd</sup> Thursday</b> every month from <b>6-7pm</b> .
<b>Augusta Health Food Pantry</b> 107 Medical Center Cir., Fishersville 22939	Abby Calvert	(540) 332-4987	<b>M-F 8am-4pm</b> . Located near the Outpatient Diabetes Education Center, in the fitness center on the Augusta Health Campus. Easiest access is through the back parking lot entrance. Shelf stable items and fresh produce is available.
<b>Bethany United Methodist Church</b> 3700 Lee Hwy, Weyers Cave, 24486	Pat Lynn (540) 234-8546 <a href="mailto:Patm.lynn@gmail.com">Patm.lynn@gmail.com</a>	Main: (540) 234-8880 <a href="mailto:Office.bethany@gmail.com">Office.bethany@gmail.com</a>	<b>Mondays 4-5:30pm</b> , amount of food based on size of family. No identification needed to receive food. Will not be open if schools are closed or there is inclement weather.
<b>Blue Ridge Area Food Bank</b> 96 Laurel Hill Rd., Verona 24482	Front Desk <a href="http://www.brafb.org">www.brafb.org</a>	(540) 248-3663	<b>Hours M-F 8:30am-5pm</b> . Food bank that distributes to over 200+ pantries, will assist in finding closest food pantries and other resources. Provide "emergency perishable boxes" if unable to find a pantry immediately. Website includes "food finder" map and maps for other resources.
<b>Calvary Baptist Church</b> 105 Garland Dr., Staunton 24401	Front Desk	(540) 885-5512	Call Church Office for hours as they change week to week. Will need name and number of people in family.
<b>Calvary United Methodist Church</b> 2179 Stuarts Draft Hwy, Stuarts Draft 24477	Front Desk	(540) 337-2980	<b>Thursdays 2-5 pm</b> .
<b>Central United Methodist Church (Central Feeding Ministry)</b> 14 N. Lewis St., Staunton 24402	Front Desk Facebook Page	(540) 886-3441 gopantrygo@gmail.com	<b>Wednesday and Saturday 10-11:30am</b> . Delivery is available through GO Pantry, email or call for further assistance.
<b>Churchville Community Food Pantry</b> 17 Buffalo Gap Rd., Churchville 24421	Front Desk	(540) 885-3009	<b>3<sup>rd</sup> Tuesday</b> of the month <b>6:30-8:15pm</b> .

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	DATES/TIMES AND RELEVANT INFORMATION
<b>Community Touch Food Pantry</b> 2857 Stuarts Draft Hwy, Stuarts Draft 24477	Front Desk	(540) 337-2447	<b>1<sup>st</sup> and 3<sup>rd</sup> Saturday</b> every month <b>11am-1pm</b> .
<b>Craigsville Area Food Pantry</b> Estaline Valley Rd., Craigsville 24430	Front Desk	(540) 997-5827	<b>3<sup>rd</sup> Thursday</b> of the month <b>9am-1pm, 5pm-7pm</b> . Also offers scheduled deliveries for seniors and disabled. Leave message when calling.
<b>Crimora United Methodist Church</b> 1691 New Hope-Crimora Rd., Crimora 24431		(540) 943-2847 cumcva@gmail.com	Every <b>Thursday 4-7pm</b> .
<b>ERMA Food Pantry</b> 300 4 <sup>th</sup> St., Grottoes 24441	Front Desk	(540) 249-5893	<b>Mondays</b> starting at <b>6pm</b> (until everyone has been helped). 5 <sup>th</sup> Mondays are skipped. Need to have some information/identification (or can be stated verbally).
<b>Fishersville United Methodist Church</b> 1600 Jefferson Highway, Fishersville 22939	Front Desk	(540) 779-0640 office@fishersvilleumc.org	<b>Tuesdays 12-2pm</b> . Basic identification recommended, but not required. Located at back of church.
<b>First Baptist Church</b> 406 W Frederick St., Staunton 24401	Front Desk	(540) 886-8333	<b>3<sup>rd</sup> and 4<sup>th</sup> Thursday</b> every month <b>9-11am</b> .
<b>First Presbyterian Church</b> 249 S Wayne Ave., Waynesboro 22980	Cynthia Hoover	(540) 949-8366 church@firstpresway.com	<b>1<sup>st</sup> and 3<sup>rd</sup> Thursday</b> every month <b>6-8pm</b> . <b>2<sup>nd</sup> and 4<sup>th</sup> Thursday</b> every month <b>2-4pm</b> .
<b>Harrisonburg Farmers' Market</b> 228 S Liberty St., Harrisonburg 22801	Front Desk	(540) 476-3377	<b>Tuesdays and Saturdays 8am-1pm</b> . Take SNAP/EBT benefits and will match up to \$30. You will receive red token- SNAP, and tokens that are blue are MATCH. Red tokens can be used on any SNAP eligible items and blue tokens can be used only on fresh fruits and vegetables.
<b>Glen Kirk Presbyterian Church</b> 767 Calf Mountain Rd., Waynesboro 22980	Front Desk	(540) 943-2896	<b>1<sup>st</sup> Monday</b> every month <b>4:30-6pm</b> .
<b>Kingsway Help Center</b> 797 Spottswood Rd., Steeles Tavern 24476	Front Desk	540-377-5708	<b>3<sup>rd</sup> Wednesday</b> every month <b>9:30am-3:30pm</b> . Call for more information (may need to leave message).
<b>Linden Heights Baptist Church</b> 371 Linden Dr., Staunton 24401	Front Desk	(540) 886-1138	Families and individuals may visit pantry only once a month by appointment. Call office M-Th between 8am-1pm to make appointment. Open on <b>Tuesdays</b> from <b>10am-12pm</b> .
<b>Lyndhurst United Methodist Church</b> 2835 Lyndhurst Rd., Lyndhurst, 22952	Front Desk	(540) 943-8057	<b>2<sup>nd</sup> Thursday</b> every month <b>5-6pm</b> . Can leave a message if in urgent need of food.
<b>Main Street United Church</b> 601 W Main St., Waynesboro 22980	Front Desk	(540) 942-1179	<b>Monday-Thursday 9:30-11am</b> .
<b>Marquis Memorial United Methodist Church</b> 1614 W Beverley St., Staunton 24401	Front Desk	(540) 886-1176	<b>Wednesdays 9-11am</b> . Located in parking lot on the corner of Hays Avenue and West Beverley St.
<b>Martha's Meals on Wheels</b> 300 W Frederick St., Staunton 24401	Front Desk	(540) 886-1219 information@mowstaunton.org	Provide meals to homebound individuals or those unable to prepare their meals. No age or income level requirement. Meals delivered for \$4 per meal, if unable to afford fee are able to provide meals at less than cost or without charge. Form available on website and must be mailed, they will contact to discuss meal delivery options and scheduling.
<b>Massie Memorial Church of God in Christ</b>	Front Desk	(540) 221-4172	Every <b>4<sup>th</sup> Wednesday</b> of the month <b>6-7pm</b> .

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	DATES/TIMES AND RELEVANT INFORMATION
1096 Albemarle Ave., Waynesboro 22980			
<b>Meals on Wheels- Valley Program for Aging Services</b> 325 Pine Ave., Waynesboro 22980	Front Desk	(540) 949-7141 <a href="http://www.vpas.info">www.vpas.info</a>	Meals delivered to eligible homebound individuals who are 60 years or older. Depending on the location of the home, meals may be delivered every Monday (2 meals) and Wednesday (3 meals) or may be delivered as 20 frozen meals once a month. No minimum charge for meals but voluntary contributions are accepted.
<b>Mint Springs United Methodist Church</b> 53 Mint Springs Circle, Staunton 24401	Front Desk	(540)-337-3507 mintspringumc@comcast.net	<b>4<sup>th</sup> Thursday</b> every month <b>4-6pm</b> . <b>3<sup>rd</sup> Sunday Nov 16<sup>th</sup> and Dec 14<sup>th</sup>, 2023</b> , instead of 4 <sup>th</sup> Thursday.
<b>Redeeming Life Ministries</b> 144 Christians Creed Rd., Staunton 24401	Front Desk	(540) 213-8013	<b>Every Wednesday 6-7pm.</b>
<b>Rejoicing Life Baptist Church</b> 116 Draft Ave., Stuarts Draft 24477	Front Desk	(540) 337-2447	<b>1<sup>st</sup> and 3<sup>rd</sup> Saturday</b> of the month <b>11am-1pm</b> . Also provide clothing.
<b>River City Bread Basket</b> 505 N. Winchester Ave Waynesboro, Virginia	Front Desk	(540) 251-2381 <a href="mailto:thelifeworksproject@gmail.com">thelifeworksproject@gmail.com</a> <a href="http://www.thelifeworksproject.org">www.thelifeworksproject.org</a>	The Lifeworks Project has started the River City Bread Basket, which is a client choice food pantry and community space that empowers shoppers by letting them choose the foods they want. Hours: Th 4:30-7:00, F 10:00-2:00, 1 <sup>st</sup> & 3 <sup>rd</sup> Saturdays 10:00-2:00. For more information visit <a href="https://www.thelifeworksproject.org/s-projects-basic">https://www.thelifeworksproject.org/s-projects-basic</a> .  In addition, the Lifeworks Project has a Food FARMacy Program in which participants are taught the nutritional value of different fruits and vegetables.
<b>Salvation Army (Harrisonburg)</b> 185 Ashby Ave., Harrisonburg 28802	Front Desk	(540) 434-4854	<b>Mondays, Wednesdays, and Fridays 9am-11:45am.</b>
<b>Salvation Army (Staunton)</b> 1700 W. Beverley St., Staunton 24401	Front Desk (appointment required)	540-855-8157	Mondays, Tuesdays, Wednesday (by appointment) 9-11:30am and 1-3pm. Multiple services including food boxes, car repair and assistance, job and housing application assistance, clothing, bus vouchers, utilities, prescriptions, rent and mortgages.
<b>Salvation Army (Waynesboro)</b> 900 B St., Waynesboro 22980	Front Desk	(540) 943-7591	<b>Monday-Thursday 9-11:30am.</b>
<b>Second Presbyterian Church (Disciples Kitchen)</b> 133 N Delphine Ave., Waynesboro 22980	Front Desk	(540) 943-3211 <a href="mailto:discipleskitchen@gmail.com">discipleskitchen@gmail.com</a>	"To go" meals <b>Monday, Tuesday, and Thursdays 11:30am-12pm</b> . To-go breakfast <b>Saturdays 10:30am-11:30am</b> .
<b>Seventh Day Adventist Church</b> 1000 North Coalter St., Staunton 24401	Gary and Karen Michael (540) 448-2904 for reservations	(540) 886-8081 (general contact)	<b>Tuesdays 9:30-11am.</b>
<b>Shiloh Baptist Church</b> 234 Shiloh Ave., Waynesboro 22980	Front Desk	(540) 942-2635	<b>3<sup>rd</sup> Wednesday</b> every month <b>8-10am</b> .
<b>SNAP/EBT Accepted Locations in Churchville, 24421</b>			<b>Riverside Grocery-</b> 23 Scenic Hwy, <b>Family Dollar-</b> 17 Scenic Hwy.
<b>SNAP/EBT Accepted Locations in Fishersville, 22939</b>			<b>Sheetz-</b> 726 Tinkling Spring Rd., <b>Cvr Salvage Mart-</b> 1702 Jefferson Hwy., <b>Dollar General-</b> 1761 Jefferson Hwy, <b>Goose Greek Market-</b> 18 Four Square Ln., <b>Food Lion-</b> 30 Windward Dr Ste 102

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	DATES/TIMES AND RELEVANT INFORMATION
SNAP/EBT Accepted Locations in Harrisonburg, 22801			<b>Stop In-</b> 211 E Market St., <b>CVS-</b> 789 Cantrell Ave., <b>Martins Food Market-</b> 2035 E Market St., <b>Sheetz-</b> 533 University Blvd, <b>Green Valley Halal Meat-</b> 2193 S Main St., <b>Sharp Shopper-</b> 2475 S Main St., <b>Costco Wholesale-</b> 1830 Reservoir St., <b>Sheetz-</b> 798 E Market St., <b>Target Store-</b> 1995 E Market St., <b>Kroger-</b> 1790 E Market St., <b>Oriental Food Market-</b> 911 S High St., <b>Walmart-</b> 171 Burgess Rd., <b>El Toro Carniceria Y Tienda-</b> 1751 S Main St., <b>Euro Market LLC-</b> 182 Neff Ave., <b>Food Lion Inc.-</b> 1021 Port Republic Rd., <b>7-Eleven-</b> 1010 W Market St., <b>Wilco-</b> 1437 S Main St., <b>Rite Aid-</b> 1420 S Main St., <b>Walmart-</b> 2160 John Wayland Hwy., <b>Food Maxx-</b> 924 W Market St., <b>Sheetz-</b> 1825 S Main St., <b>Dollar General-</b> 13260 James Madison Hwy, <b>Food Lion-</b> 1751 S High St., <b>Food Lion-</b> 85 S Carlton St., <b>Family Dollar-</b> 2475 S Main St., <b>Dollar Tree-</b> 1663 E Market St., <b>7-Eleven-</b> 4025 Quarles Ct., <b>Dollar Tree-</b> 2188 John Wayland Hwy, <b>CVS-</b> 1755 S High St., <b>CVS-</b> 1151 Port Republic Rd., <b>Buenavista Groceries-</b> 774 E Market St., <b>Dollar General-</b> 2245 S Main St., <b>International Foods-</b> 30 Baxter Dr.
SNAP/EBT Accepted Locations in Staunton, 24401			<b>Dollar Tree-</b> 14 Lee Jackson Hwy, <b>Beverly Street Convenience-</b> 2103 W Beverley St., <b>7-Eleven-</b> 2 Idlewood Blvd., <b>Family Dollar-</b> 2026 W Beverley St., <b>7-Eleven-</b> 427 N Coalter St., <b>Stop In-</b> 1210 Churchville Ave., <b>Save-X Quick Mart-</b> 2309 W Beverley St., <b>Rite Aid-</b> 501 N Coalter St., <b>Dollar General-</b> 2217 W Beverley St., <b>Jake's Convenience Inc.-</b> 2436 Churchville Ave., <b>Stop In-</b> 2231 W Beverley St., <b>Sheetz-</b> 1250 Richmond Ave., <b>Food Lion-</b> 600 N Coalter St., <b>Food Lion-</b> 2411 W Beverley St., <b>Stop In-</b> 3515 Lee Jackson Hwy., <b>Kangaroo Express-</b> 313 Springfield Ln., <b>CVS-</b> 1310 Churchville Ave., <b>Wilco-</b> 821 Richmond Ave., <b>Stanley Meat Market-</b> 1721 Englewood Dr., <b>Meating Place-</b> 1070 Middlebrook Rd., <b>Martins Food Market-</b> 1015 Richmond Ave., <b>Rite Aid-</b> 1500 W Beverley St., <b>Dollar General-</b> 1013 Greenville Ave., <b>CVS-</b> 1302 Barterbrook Rd., <b>Jiffee Mart-</b> 806 Grubert Ave., <b>Little Quick Mart-</b> 116B W Beverley St., <b>Staunton Junction-</b> 163 Greenville Ave., <b>Walmart-</b> 1028 Richmond Ave., <b>C&amp;B Sports Corner LLC-</b> 1730 Spring Hill Rd., <b>Clock Tower Convenience-</b> 29 W Beverley St., <b>Food Lion-</b> 11 Orchard Rd.
SNAP/EBT Accepted Locations in Stuarts Draft, 24477			<b>Food Lion-</b> 2576 Stuarts Draft Hwy, <b>Family Dollar-</b> 2576 Stuarts Draft Hwy, <b>7-Eleven-</b> 50 Draft Ave., <b>Dollar General-</b> 2857 Stuarts Draft Hwy, <b>Stuarts Draft Farm Market-</b> 2964 Stuarts Draft Hwy, <b>Rite Aid-</b> 2596 Tinkling Spring Rd., <b>Shenandoah Cheese-</b> 2366 Tinkling Spring Rd.
SNAP/EBT Accepted Locations in Verona, 24482			<b>Stop In-</b> 265 Laurel Hill Rd., <b>Stop In-</b> 210 Laurel Hill Rd., <b>Food Lion-</b> 208 Laurel Hills Rd., <b>Dollar General-</b> 465 Lee Hwy, <b>Wilco-</b> 101 Lee Hwy
SNAP/EBT Accepted Locations in Waynesboro, 22980			<b>Kroger-</b> 109 Lew Dewitt Blvd Ste 300, <b>Dollar General-</b> 1317 W Broad St., <b>Target Stores-</b> 811 Town Center Dr., <b>Sharp Shopper-</b> 2800 W Main St., <b>Eastside Grocery-</b> 534 E Side Hwy., <b>Stop In-</b> 301 E Broad St., <b>Harris' Market-</b> 219 Arch Ave., <b>CVS-</b> 901 W Broad St., <b>Kroger Store-</b> 245 Arch Ave., <b>Dollar Tree-</b> 2715 W Main St., <b>Wilco-</b> 2601 W Main St., <b>Dollar General-</b> 990K Hopeman Pkwy, <b>Wilco-</b> 780 E Main St., <b>Flowers Bakery Store-</b> 2213 W Main St., <b>CVS Pharmacy-</b> 2823 W Main St., <b>Waynesboro Bp-</b> 2900 W Main St., <b>All In One Convenience Store-</b> 101 Craig St., <b>Kings Market-</b> 80 King Ave., <b>Walmart-</b> 116 Lucy Ln., <b>Sheetz-</b> 2156 W Main St., <b>Rite Aid-</b> 101 Rosser Ave., <b>7-Eleven-</b> 2716 W Main St., <b>Martins Food Market-</b> 247 Tiffany Dr., <b>Stop Shop-</b> 1175 E Main St., <b>Family Dollar-</b> 1300 W Broad St., <b>7-Eleven-</b> 2001 Rosser Ave., <b>7-Eleven-</b> 1103 Ivy St., <b>Everyday Shop-</b> 1141 W Main St., <b>Malls Mart-</b> 608 N Delphine Ave., <b>Kmart-</b> 2712 W Main St., <b>Balli Food Mart-</b> 608 N Delphine Ave., <b>Stop In-</b> 2030 Rosser Ave., <b>Food Lion-</b> 990 Hopeman

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	DATES/TIMES AND RELEVANT INFORMATION
			Pkwy
<b>SNAP/EBT Accepted Locations in Weyers Cave, 24486</b>			<b>Weyers Cave Shell-</b> 149 Weyers Cave Rd., <b>Super Save Food Market-</b> 51 Franklin St., <b>Dollar General-</b> 36 Franklin St., <b>Schwan's Home Service Augusta Depot-</b> 32 Franklin St., <b>Stop In-</b> 3354 Lee Hwy
<b>Staunton Augusta Church Relief Association (SACRA)</b> 205 N Augusta St., Staunton 24401	Front Desk Facebook Page	(540) 886-3957	<b>Tuesdays and Wednesdays from 9-11:30am.</b>
<b>Staunton Farmers' Market</b> Byers St., Staunton 24401	Front Desk	(540) 448-1937	<b>Saturdays 7am-12pm</b> Apr-Sept., Fall Hours 8am-12pm Oct 7 <sup>th</sup> -Nov 18 <sup>th</sup> , Winter Market Saturdays 9am-1pm. Snap-EBT and p-EBT benefits are accepted and match benefits one-for-one. (spend \$10 of benefits, will receive \$10 worth of Staunton Farmers' Market coins and additional \$10 of SFM green coupons to purchase fruits/vegetables at market). Also accepted WIC and Senior Farmers Market Nutrition Program Vouchers (FMNP).
<b>Tinkling Spring Presbyterian Church</b> 30 Tinkling Spring Dr., Fishersville 22939	Front Desk	(540) 885-0746	<b>3<sup>rd</sup> Thursday</b> of the month <b>5-6:30pm.</b>
<b>Trinity Episcopal Church</b> 214 West Beverley St., Staunton 24401	Front Desk	(540) 886-9132	Hot meal at lunch time. <b>M-F 11:30-12:15.</b>
<b>Valley Mission</b> 1513 W. Beverley St., Staunton 24401	Front Desk	(540) 886-4673	Meals served 3x a day on weekdays and twice each day on weekends. No cost to clients, all are welcome. <b>M-F Breakfast</b> served at <b>6:45am</b> , <b>lunch at 12pm</b> , and <b>dinner at 5pm. Sat/Sun Brunch at 9:30am</b> and <b>dinner at 4pm.</b>
<b>Verona Community Food Pantry</b> 68 Dick Huff Lane, Verona 24482	Front Desk Facebook Page	(540) 430-2844 vcfp15@gmail.com	<b>Monday, Wednesday, and Thursday 9-11am</b> and <b>Tuesdays 4:30-5:45 pm.</b>
<b>Verona United Methodist Church</b> 406 Lee Hwy., Verona 24482	Front Desk	(540) 248-7777	Every <b>Tuesday 9-11am</b> and the <b>2<sup>nd</sup> and 4<sup>th</sup> Thursday</b> of every month <b>6-7 pm.</b>
<b>Virginia Fresh Match (Project GROWS)</b>	Megan Marshall megan@projectgrows.org	(540) 212-9482 virginiafreshmatch@gmail.com	<b>Helps bring home more healthy, affordable fruits and vegetables. Provides a 1:1 match on SNAP-EBT dollars at participating farmers markets. Use your EBT card at the market manager booth or at checkout and you will receive a discount or double your dollars on fresh produce.</b>
<b>Waynesboro Farmers' Market</b> 215 W. Main St., Waynesboro 22980	Front Desk	(540) 324-3416 communications@projectgrows.org	Located at Constitution Park Pavilion. Runs May through October <b>Saturdays 9am-1pm.</b> Accepts and doubles SNAP-EBT and P-EBT benefits and accepts WIC and Senior Farmers Market Nutrition Program Vouchers (FMNP).
<b>West Waynesboro Church of Christ</b> 2212 Cortland St., Waynesboro 22980	Front Desk	(540) 949-8670 office@westwaynesboro.com	<b>2<sup>nd</sup> and 4<sup>th</sup> Mondays</b> every month <b>9:30-11:30am.</b> Back door to building (closest to dumpster) is unlocked. Go down the stairs, turn right and pick-up a number which will determine in what order you're served. Some paperwork and personal information required (will remain confidential).

## Transportation Assistance

ORGANIZATION NAME	RATES/CONTACT PERSON	NUMBER/EMAIL	RELEVANT INFORMATION
<b>Augusta Health</b>	Front Desk	Staunton-	Provides non-emergency ambulance and medical wheelchair transportation to physician offices,

ORGANIZATION NAME	RATES/CONTACT PERSON	NUMBER/EMAIL	RELEVANT INFORMATION
<b>Transportation Services</b>		(540) 332-5777 Waynesboro- (540) 932-5777	medical facilities, nursing homes, and dialysis and radiology treatment centers. Medicare, Medicaid, and other health insurance may pay for transportation for certain medical conditions or if you meet certain criteria. Otherwise, service is provided on an out-of-pocket basis.
<b>BRITE Bus Transit Service</b>	Standard Fare: \$0.50 each way, 12 years of age and under, when accompanied by an adult, ride free. Students with valid ID ride free. A reduced fare of \$0.25 is available for seniors (age 65 and over), persons with disabilities, and Medicare card holders.  Staunton North & West Loops, Downtown Trolley, & Saturday Night Trolley- Standard fare: \$.025 each way, ADA Compliant Paratransit Service: \$0.50 each way. A reduced fare of \$0.10 is available on Downtown Trolley for seniors (65 and over), persons with disabilities, and Medicare card holders.	(540) 943-9302 <a href="http://www.britebus.org">www.britebus.org</a>	Bus service throughout Waynesboro, Staunton, and Augusta County. - <b>East &amp; West 250 Connector</b> - service between cities of Staunton and Waynesboro on Rt. 250 corridor. Stops include Augusta Health and Rehabilitation Center Campus. Connects to Staunton trolleys, Waynesboro Circulator, Stuarts Draft Link, and Blue Ridge Community College Shuttle. - <b>Stuarts Draft Link</b> - service within Stuarts Draft. Connects with Waynesboro Circulator and 250 Connector, travels to Augusta Health campus in Fishersville. - <b>Blue Ridge Community College Shuttle- BRCC South</b> provides service between Staunton and BRCC campus in Weyers Cave. Through Staunton Hub, connected to 250 Connector and Staunton North/West loops and the Staunton and Downtown Trolley. <b>BRCC North</b> provides service from Harrisonburg to the BRCC campus. It allows connections to Harrisonburg DPT at JMU and connects to BRCC South. - <b>Waynesboro Circulator</b> - travels within city limits of Waynesboro - <b>Staunton North &amp; West Loops and Downtown Trolley and Saturday Night Trolley</b> - Serves historic downtown Staunton. North and West loops serve outlying neighborhoods.
<b>Modivcare Transportation</b>	Front Desk	For reservations- 1 (866) 386-8331.	Provides non-emergency medical transportation. Reservations are taken Monday-Friday between 6am and 8pm.Can be completed online at <a href="https://member.logisticare.com">https://member.logisticare.com</a> .
<b>Paratransit by BRITE</b>	ADA Compliant Paratransit Services: \$1.00 each way. Children  Staunton North & West Loops, Downtown Trolley, & Saturday Night ADA Compliant Paratransit Service: \$0.50 each way	(540) 885-8157	Provide ADA compliant paratransit to individuals with disabilities who cannot otherwise access BRITE's fixed route bus service for some or all of their trips. All vehicles are equipped with mobility device lifts, and drivers are trained in passenger assistance, defensive driving, and mobility device securement procedures. Rides can be requested from and to any locations within a ¾ mile radius of a fixed route, within the service area.
<b>Salvation Army</b>	Front Desk	(540) 885-8157	Provide bus vouchers and car repairs/assistance. Open Mondays, Tuesdays, and Wednesdays (by appointment) 9-11:30am and 1-3pm.
<b>Valley Program for Aging Services</b>	Front Desk	(540) 949-7141	Provide door-to-door transportation to medical appointments, grocery store, pharmacy, and bank when no other transportation options are available. Transportation is also provided to and from the seven Senior Centers. For individuals 60 years and older.
<b>Virginia Breeze</b>	Reservations: (877) 462-6342 Service Information: (800) 827-3490	<a href="mailto:support@virginiabreeze.org">support@virginiabreeze.org</a>	Valley Flyer- from Blacksburg to Washington, D.C. Connects the New River Valley and Shenandoah Valley to Washington, D.C. Offers one northbound and one southbound trip every day. Travels through Staunton and Harrisonburg. Highlands Rhythm connects you to Bristol and Virginia's Highland Region, with 7 stops between Bristol and Washington, D.C.

## Senior Program & Services

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	RELEVANT INFORMATION
<b>DARS (Aging/Rehabilitative Services)</b> 50 Andrew Russell Ln. Suite A, Fishersville, 22939	Jessi Blosser	(540) 332-7700 <a href="mailto:Jessi.blosser@dars.virginia.gov">Jessi.blosser@dars.virginia.gov</a>	Assists individuals with disabilities in finding and maintaining employment, vocational rehabilitation, assistive technology, older adults aging services and local resources.
<b>Elder Law Resources</b>	Doris Gelbman Cathy Leitner Whitney Levine Matthew Sunderlin	Listed in relevant information	Doris is located in Charlottesville. (434) 906-7022 Cathy is located in Harrisonburg. (540) 442-7700 Whitney is located in Staunton. (540) 885-8146 Matthew is located in Harrisonburg. (540) 433-2601
<b>Senior Community Service Employment Program (SCSEP)</b>	Front Desk	1 (877) 872-5627	Community service and work-based job training program for older Americans. Participants work an average of 20 hrs./week and are paid the highest of federal, state, or local minimum wage. Must be at least 55, unemployed, and have a family income of no more than 125% of the federal poverty level.
<b>Shenandoah Valley Social Services</b> 1200 Shenandoah Ave., Waynesboro 22980	Front Desk	(540) 942-6646 <a href="mailto:svss.connect@dss.virginia.gov">svss.connect@dss.virginia.gov</a>	Open to public 8am-5pm. Provides human services assistance to citizens experiencing financial hardship, neglect, and abuse in Staunton, Waynesboro, and Augusta County. Two divisions are the benefits program which includes medical, financial, energy, childcare, food assistance, and employment services. The services program provides child protective and prevention services, adult protective services, adult services, volunteer payee services, foster care, and adoption.
<b>VPAS Cafes</b>	Linda Nipe or Diane Sena (Rockingham County), Ann Gross (Augusta County)	Rock: (540) 615-5341 Aug: (540) 942-1838	Provide variety of activities including exercise programs, educational programs, health related programs, crafts, music, hues speakers, social engagement, and more. Must be at least 60 years of age, individual under 60 years of age can join and eat a meal when they accompany a spouse who is a member and is at least 60 years of age. No membership fee, daily charge, or transportation fee.
<b>VPAS Cafes in Harrisonburg and Rockingham County</b>	Linda Nipe or Diane Sena	(540) 615-5341	Bridgewater Café (in Houff Community Center) <b>2<sup>nd</sup> and 4<sup>th</sup> Thursdays, 10am-12pm</b> . Elkton Café (Elkton Community Center) <b>2<sup>nd</sup> and 4<sup>th</sup> Mondays, 10am-12pm</b> . Grottoes Café (Grottoes Town Hall) <b>2<sup>nd</sup> and 4<sup>th</sup> Wednesdays, 10am-12pm</b> . Timberville Café (Plains District Community Center) <b>1<sup>st</sup> and 3<sup>rd</sup> Wednesdays, 10:30am-12:30pm</b> . Harrisonburg Café (Price Rotary Senior Center) <b>1<sup>st</sup> and 3<sup>rd</sup> Mondays, 10am-12pm</b> .
<b>VPAS Cafes in Waynesboro, Staunton, and Augusta County</b>	Ann Gross	(540) 942-1838	Waynesboro Café (Waynesboro VPAS Office) <b>Mondays 11-1 and Tuesdays 10am-12pm</b> . Staunton Café (white house in Montgomery Hall Park) <b>Wednesdays 10am-12pm</b> . Augusta County Cafes at Stuarts Draft library <b>2<sup>nd</sup> Thursday 11am-1pm</b> , Weyers Cave Library <b>3<sup>rd</sup> Thursday 12-2pm</b> , and Churchville Library <b>4<sup>th</sup> Tuesday 11am-1pm</b> .
<b>Valley Program for Aging Services (VPAS)</b> 325 Pine Ave., Waynesboro 22980	David Taylor	(540) 949-7141 or 800-868-8727 <a href="mailto:Jeri@vpas.info">Jeri@vpas.info</a>	Help locate resources and opportunities to adults 60 years and older. Services include information, referral and assistance, case management services, Medicare insurance counseling, in-home homemaker and respite services, meals on wheels, health and wellness programs, Cafes which include a congregate meal, and transportation services.

## Legal Assistance

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	RELEVANT INFORMATION AND CARE MANAGEMENT SERVICES
<b>Blue Ridge CASA for Children</b>	Front Desk	(540) 213-2272	Have Court Appointed Special Advocacy (CASA) volunteers trained to ensure that each child's



ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	RELEVANT INFORMATION AND CARE MANAGEMENT SERVICES
119 W Frederick St., Staunton 24401			individual needs remain a priority in the child welfare system.
<b>Blue Ridge Court Services</b> 125 S New St., Staunton 24401	Front Desk	(540) 886-1008	Provide effective sentencing alternatives to the criminal justice system. Offer remedial and rehabilitative opportunities to local offender populations in the Cities of Staunton, Waynesboro, Lexington, Buena Vista and the Counties of Augusta, Highland, and Rockbridge.
<b>Blue Ridge Legal Services, Inc.</b> 204 N High St., Harrisonburg 22802	Front Desk	(540) 433- 1830	Provide free civil legal assistance to low-income residents of the Shenandoah Valley. Based on # of persons in applicant's household, household's income and resources, as well as type of case involved. Do not use sliding scale, if applicant is eligible services are free. Do not handle criminal matters, traffic violations, personal injuries, or malpractice cases.
<b>District 12 Probation and Parole</b> 500 Commerce Rd., Staunton 24401	Front Desk	(540) 332-7780	Help probationers and parolees lead more pro-social lives and assist those who have been incarcerated to transition back into society after release. Direct individuals to community resources like housing, employment, and benefits.
<b>New Bridges Immigration Resource Center</b> 64 West Water St., Harrisonburg 22801	Front Desk	(540) 438-8295	Have an immigration legal program that can assist with citizenship applications, residency applications/renewals, family-based petitions, employment authorization documents, DACA/TPS renewals, removal of conditions for residency, adjustment of status applications, affidavits of support, and travel documents. Also has health navigation program to help understand bills, fill out financial aid applications (if applicable), and communicate with providers to get financial aid awards applied and help set up payment plans. Are able to assist with document translations, referrals for health care, housing, transportation, social services, and other basic needs including referrals for English language tutoring and citizenship classes.
<b>Public Defender Office</b> 26 Byers St. Staunton, 24401	Front Desk (hit zero for general questions)	540-332-7845 Dbattenfield@vadefenders.org	Take all types of cases from misdemeanors to felony rape and murder and all appeals from State, General District, Juvenile, and Circuit Courts. Protect Constitutional right to counsel for people who cannot afford to hire their lawyer.

## Educational and Vocational Services

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	RELEVANT INFORMATION AND SERVICES
<b>Blue Ridge Community College</b> Box 80, One College Ln., Weyers Cave 24486	Suzi Dull	(540) 453-0264 info@brcc.edu	Has both work force education and certificates, can earn an associate degree. Offer programs for business, commercial pilot, healthcare, heavy equipment, IT & Computing, Machining, Manufacturing, Teaching, Transportation, Trade Licensures, and Welding. Some programs qualify for financial assistance. FastForward Program is short-term workforce credential program to train Virginians for top, in-demand jobs. Discounts classes by 2/3 for VA residents, program takes between 6-12 weeks. G3 Grant Program for low to middle income families seeking employment in high-demand sectors such as technology, skilled trades, and healthcare.
<b>Building Blocks</b> 850 King Ave., Waynesboro 22980	Katy Parrish	(540) 946-9241 <a href="mailto:kparrish@waynesboro.k12.va.us">kparrish@waynesboro.k12.va.us</a>	Areas served include Waynesboro City and Augusta County. Programs offered include adult basic education, high school equivalency test (HSE), English language acquisition (ELA), national external diploma program (NEDP), and adult diploma completion program.
<b>Central Shenandoah Valley Re-entry Council (CSVRC)</b>	Front Desk	540-271-1873 VCWVvalley.com	Center Hours: Monday, Tuesday, Thursday, Friday 9am-4pm. Wednesday 9:30am-4:00pm. Virginia Career Works Centers partner with state and local agencies, service providers, and community organizations to offer a full range of FREE workforce services to job seekers and employers

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	RELEVANT INFORMATION AND SERVICES
			throughout the Shenandoah Valley.
<b>Design Electric</b> 2869 W Mosby Rd Suite 2., Harrisonburg 22801	Rosalia Perez- Martinez	(540) 569-3050	Provide apprenticeship and will pay 100% of tuition as long as they maintain grade of 70% or above per semester and do not miss more than 9 classroom hours per class. Questions related to apprenticeship contact Rosalia Perez-Martinez (434) 293-7740 or <a href="mailto:rosalia@designelectricinc.com">rosalia@designelectricinc.com</a> . Have career opportunities for employees with many backgrounds.
<b>Goodwill Industries of the Valley- Staunton Career Center</b> 1201 Greenville Ave., Staunton 24401	Front Desk	(540) 886-8910	Offer classes and career services to the public. Help individuals increase their skills and assist with their job search. Can receive help online or in-person. Assist with resume writing, filing online applications, gaining computer skills, referrals to other agencies for support services. Offer job fairs, workshops & training classes, and computer classes. All classes are free and open to the public.
<b>Learn English and Reading Now, Inc.</b> 49 Hornet Rd., Fishersville 22939	Front Desk T/Th 10am-3pm	(540) 256-2673 <a href="mailto:Learnva@gmail.com">Learnva@gmail.com</a> In Spanish (540) 255-9191	An adult literacy organization that provides free tutoring in English literacy skills in the Augusta County area.
<b>Love Inc.</b> 2296 Jefferson Highway suite 108, Waynesboro PO Box: 1003 Fishersville 22939	Front Desk	(540) 221-2955 office@loveincsaaw.org	Provides educational classes and resources, fill out a form online and complete an intake assessment to receive educational courses and resources.
<b>Massanutten Technical Center</b> 325 Pleasant Valley Rd., Harrisonburg 22801	Sandy Rinker	(540) 434-5962 <a href="mailto:srinker@rockingham.k12.va.us">srinker@rockingham.k12.va.us</a>	Areas served include Harrisonburg City and Rockingham County. Offers IET programs- Direct Care, C.N.A., and welding. Programs offered include high school equivalency preparation and testing (HSE), English language acquisition (ELA), and national external diploma program (NEDP). Registration for ELA & HSE classes held every Wednesday 10am-7pm.
<b>Network2work in the Valley</b> 160 N. Mason Street Harrisonburg, VA 22801  or 1076 Jefferson Highway Staunton, VA 24401	Shauna Cox  Tara Bishop	540-433-4864 ext. 115 <a href="mailto:scox@vcwvalley.com">scox@vcwvalley.com</a> <a href="http://www.n2work.org">www.n2work.org</a>  540-887-9895 ext. 210 <a href="mailto:tbishop@vcwvalley.com">tbishop@vcwvalley.com</a> <a href="http://www.n2work.org">www.n2work.org</a>	Our main goal is to assist and connect job seekers with finding available jobs that pay a decent wage using our platform. We direct job seekers to the resources and training they need to be prepared for the job they've chosen on n2work.org. We provide coaching and pathway planning to help job seekers reach their goals and maintain success.  Recruit and partner with resource providers who can address the considerations that typically prevent low- and no-wage individuals from securing quality employment. We need providers who can address transportation, housing, food security, mental and physical health, as well as childcare. We refer job seekers to resource providers that have partnered with Network2Work.
<b>Parent Project</b> Waynesboro Office- 413 Port Republic Rd., Waynesboro 22980 Staunton Office- 900 Nelson St., Staunton 24401	Ginny Newman	Waynesboro- (540) 942-6757 Staunton- (540) 332-3806	For parents and other caregivers of strong-willed or out-of-control adolescents. Curriculum teaches concrete identification, prevention, and intervention strategies for the most destructive of behaviors. Teens are encouraged to participate in the teen component that runs simultaneously with the parent component. Classes meet for 10 weeks, locations vary. Childcare and dinner are provided. Fee is \$100 per family, but all classes can be offered on a sliding scale.
<b>Rockbridge Regional Adult Education</b> 2893 Collierstown Rd., Lexington 24450	Lindsay Brooks	(540) 462-7536 <a href="mailto:Lindsay_brooks@rockbridge.k12.va.us">Lindsay_brooks@rockbridge.k12.va.us</a>	Areas served include Rockbridge County/Lexington/Buena Vista, Bath County & Highland County. Programs offered include adult basic education, high school equivalency test (HSE), English language acquisition (ELA), national external diploma program (NEDP), and adult diploma credit completion.

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	RELEVANT INFORMATION AND SERVICES
<b>Skyline Literacy Coalition</b> 160 N Mason St., Harrisonburg 22802	Front Desk	(540) 433-0505 <a href="mailto:info@skylineliteracy.org">info@skylineliteracy.org</a>	Includes basic literacy program, with tutors working one-on-one with adults reading at or below a 5 <sup>th</sup> grade level. Curriculum based on learner's specific goals. Citizenship preparation allows tutors to teach small groups of learners with a minimum of a high beginner English level. Course includes U.S. history and government, reading, writing, and interview skills. The English Learning Language (ELL) program teaches small groups of learners speaking, listening, reading, writing, and survival skills. GED test preparation, computer literacy. Low registration prices.
<b>Spero Health</b> 2303 North Augusta St. Suite B, Staunton 24401	Richard Kirby	(540) 550-5194 <a href="mailto:Rick.kirby@sperohealth.com">Rick.kirby@sperohealth.com</a>	Assist in finding employment after recovery, educate patients on disorder for a successful recovery. Group/individual counseling, medication-assisted therapy for substance use, care coordination. M-F 8:30-5:00pm. <i>Insurance/Payment Accepted: Medicaid, Medicare, most Private insurance (excludes Aetna)</i>
<b>Staunton/Augusta Adult Learning Center</b> 49 Hornet Rd., Fishersville 22939	Jessica Chenoweth	(540) 245-5083	Instructional support in the four areas of the GED High School Equivalency test. English as a Second Language (ESL) Classes, National External Diploma Program (NEDP), citizenship classes (all classes/materials free), ACT National Career Readiness Certificate.
<b>Valley Career and Technical Center</b> 49 Hornet Dr., Fishersville 22939	Laura Tait	(540) 245-5002 <a href="mailto:info@valleytech.us">info@valleytech.us</a>	Offer general education development (GED) program. Receive instructional support in the four areas of the GED High School Equivalency Test. English as a Second Language (ESL) Class, offer morning and evening classes, as well as distance education opportunities. Have a national external diploma program (NEDP), and citizenship classes (classes and materials are free). Offer day and evening training in agriculture, business, health occupations and trade and industrial areas for adults (contact Laura Tait, <a href="mailto:taitl@valleytech.us">taitl@valleytech.us</a> ). Offer a Practical Nursing program (contact <a href="mailto:nursing@valleytech.us">nursing@valleytech.us</a> ).
<b>Vector Industries</b> 1300 Hopeman Pkwy, Waynesboro 22980	Front Desk	(540) 943-8444 <a href="mailto:cheryl@vectorindustries.org">cheryl@vectorindustries.org</a>	Trains and employs people with diverse abilities to enable them to reach their potential as productive community members.
<b>Virginia Career Works- Fishersville Center</b> 1076 Jefferson Hwy, Staunton 24401	Christopher Hurley	(540) 887-9895 <a href="mailto:Christopher.hurley@vec.virginia.gov">Christopher.hurley@vec.virginia.gov</a>	Job search assistance, resume writing and online application assistance, work readiness classes, use of computers, phones, and printers, skills and aptitude assessments, career exploration assistance, labor market information, information about education and training programs, and referrals to community resources. Services for eligible individuals including low-income adults, youth with barriers to employment, farmworkers and their families, and workers laid off from their job. These participants receive intensive job placement assistance.
<b>Virginia Career Works- Harrisonburg Center</b> 160 N Mason St., Harrisonburg 22802	Christopher Hurley	(540) 433 4864 <a href="mailto:Christopher.hurley@vec.virginia.gov">Christopher.hurley@vec.virginia.gov</a>	Job search assistance, resume writing and online application assistance, work readiness classes, use of computers, phones, and printers, skills and aptitude assessments, career exploration assistance, labor market information, information about education and training programs, and referrals to community resources. Services for eligible individuals including low-income adults, youth with barriers to employment, farmworkers and their families, and workers laid off from their job. These participants receive intensive job placement assistance.
<b>Virginia Cooperative Extension</b> 13 Government Center Ln., Verona 24482	Kaye Shaner	(540) 245-5750	Assist farmers, empower youth, and guide responsible resource management. Agriculture and natural resources (ANR) programs help sustain profitability of agricultural and forestry production. Have a 4-H program for youth ages 5-18.
<b>Virginia Department for Aging and Rehabilitative Services</b>	Jessi Blosser	(540) 332-7000 (540-332-7873 )	Have a consumer vocational rehabilitation program to help people with disabilities get ready for, find, and keep a job. Provide services that promote successful transitions from school to work and

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	RELEVANT INFORMATION AND SERVICES
50 Andrew Russell Ln., Fishersville 22939		<a href="mailto:Jessi.blosser@dars.virginia.gov">Jessi.blosser@dars.virginia.gov</a> v <a href="mailto:Dana.biby@drs.virginia.gov">Dana.biby@drs.virginia.gov</a>	adult life. Pre-Employment Transition Services offer students with disabilities an early start at career exploration and preparation for adult life, can start at age 14.
<b>Virginia Employment Commission- Harrisonburg Office</b> 160 N Mason St., Harrisonburg 22802	Christopher Hurley	(540) 830-4993	Online source to connect with potential employers, search for jobs, find training opportunities, and research wage data along with industry and occupational trends.
<b>Virginia Employment Commission- Staunton Office</b> 1076 Jefferson Highway, Staunton 24401	Christopher Hurley	(540) 332-7750	Online source to connect with potential employers, search for jobs, find training opportunities, and research wage data along with industry and occupational trends.
<b>Virginia Labor and Industry Department</b> 201 Lee Hwy, Verona 24482	Front Desk	(540) 248-9280	Ability to get on-the-job training from highly skilled experts in field of choice. Attend classes at local community college, vocational-technical center, online, and on the job without accumulating debt.
<b>Wilson Workforce and Rehab Center</b> 365 Hornet Rd., Fishersville 22939	Front Desk	(540) 332-7000 or (800) 345- 9972 <a href="http://Wwrc.virginia.gov">Wwrc.virginia.gov</a>	Assist in helping Virginians with disabilities enter or remain in the workforce. Have a Postsecondary Education Rehabilitation Transition (PERT) program to assist students in their transition from high school to post-secondary options. Vocation training to prepare clients for employment, higher education, and/or other career development goals.
<b>Woodrow Wilson Rehabilitation Center</b> 365 Homet Rd, Fishersville, VA 22939	Fred Capps	540-332-7151 <a href="mailto:c.f.capps@wwrc.virginia.gov">c.f.capps@wwrc.virginia.gov</a> <a href="http://www.wwrc.virginia.gov">www.wwrc.virginia.gov</a>	Providing quality programs and services that empower individuals with disabilities to maximize their employment, independence and full inclusion into society.

## Clothing and Home Goods

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	RELEVANT INFORMATION AND SERVICES
<b>Central Food Pantry and Clothes Closet</b> Central United Methodist Church 14 N Lewis St., Staunton 24401	Front Desk	(540) 886-3441	Provides free groceries and clothing, as well as various home linens. Clients may visit up to 2x/month. <b>Wednesdays 10am-11:30am.</b>
<b>Calvary Baptist Church</b> 105 Garland Dr., Staunton 24401	Church Office	(540) 885-5512	Have food pantry and clothes closet, hours change from week to week so call Church Office.
<b>Cinderella Project of the Shenandoah Valley</b> 1925 E Market St., Harrisonburg 22801	Rhonda Howdyshell	<a href="mailto:valleycinderellaproject@gmail.com">valleycinderellaproject@gmail.com</a>	Free outfits for prom/homecoming dances.
<b>Goodwill- Harrisonburg (1)</b> 2475 S Main St., Harrisonburg 22801	Front Desk	(540) 432-9600	Have low-priced household items and clothing. Certain dates have further discounts.
<b>Goodwill- Harrisonburg (2)</b> 2025 E Market St., Harrisonburg 22801	Front Desk	(540) 432-9600	Have low-priced household items and clothing. Certain dates have further discounts.
<b>Goodwill- Waynesboro Center</b> 132 Lucy Ln., Waynesboro 22980	Front Desk	(540) 941-8526	Have low-priced household items and clothing. Certain dates have further discounts.

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	RELEVANT INFORMATION AND SERVICES
<b>Goodwill- Verona Center</b>	Front Desk	(540) 248-0547	Have low-priced household items and clothing. Certain dates have further discounts.
<b>Green Hanger Project</b> 77 Hamshire Way, Fishersville 22939	Email	<a href="mailto:greenhangerproject@gmail.com">greenhangerproject@gmail.com</a>	Provides new and gently-worn clothing, shoes, coats, and accessories as well as personal care products and school supplies for middle and high-school students.
<b>Love Inc.</b> 123 Tinkling Spring Rd., Fishersville 22939	Front Desk	(540) 221-2955 <a href="mailto:Office@loveincsaw.org">Office@loveincsaw.org</a>	Provide household furniture and items. Also provide clothing vouchers.
<b>Otterbein United Methodist Church</b> 176 W Market St., Harrisonburg 22801	Front Desk	(540) 434-7747	Mondays 5-6pm. Everyone is welcome, and there is no cost for clothing.
<b>Rejoicing Life Baptist Church</b> 116 Draft Ave., Stuarts Draft 24477	Front Desk	(540) 337-2447	Provide clothing and food to people in need. <b>1<sup>st</sup> and 3<sup>rd</sup> Saturday</b> of the month <b>11am-1pm.</b>
<b>Restore- Staunton-Augusta-Waynesboro Habitat for Humanity</b> 818 Greenville Ave., Staunton 24401	Front Desk	(540) 886-1944	Nonprofit home improvement store that sells new and gently used furniture, appliances, home accessories, building materials, and more to the public at a fraction of the retail price.
<b>Salvation Army- Harrisonburg</b> 185 Ashby Ave., Harrisonburg 22802	Front Desk	(540) 434-4854	Provide clothing as well as job and housing application assistance, toiletries, furniture, rent/mortgages, baby supplies, transportation vouchers, utilities, prescriptions, car repairs, and more.
<b>Salvation Army- Staunton</b> 1700 W Beverley St., Staunton 24401	Front Desk	(540) 885-8157 <a href="mailto:stauntonva@uss.salvationarmy.org">stauntonva@uss.salvationarmy.org</a>	Provide clothing as well as job and housing application assistance, toiletries, furniture, rent/mortgages, baby supplies, transportation vouchers, utilities, prescriptions, car repairs, and more.
<b>Salvation Army- Waynesboro</b> 900 B St., Waynesboro 22980	Front Desk	(540) 943-7591 <a href="mailto:waynesboro@uss.salvationarmy.org">waynesboro@uss.salvationarmy.org</a>	Provide clothing as well as job and housing application assistance, toiletries, furniture, rent/mortgages, baby supplies, transportation vouchers, utilities, prescriptions, car repairs, and more.
<b>Thrift Store by Valley Mission, Inc.</b> 604 N Coalter St., Staunton 24401	Front Desk	(540) 885-7227	Offers low-cost, gently used household goods, clothing, and furniture.
<b>Trinity Clothes Closet</b> 725 S High St., Harrisonburg 22801	Kathy Gillette	(540) 434-9556 <a href="mailto:office@trinitypresbyteriaharrisonburg.org">office@trinitypresbyteriaharrisonburg.org</a>	Wednesdays 6:30-7:30pm. Clothing of all kinds is available on a first come, first served basis, free of charge.
<b>Valley Mission</b> 1513 W Beverley St., Staunton 24401	Front Desk	(540) 886-4673	Have clothes closet onsite and thrift store voucher program.
<b>Waynesboro- Valley Mission Thrift Store</b> 2800 W Main St., Waynesboro 22980	Front Desk	(540) 946-4395 <a href="mailto:waynesborothriftstore@valleymission.net">waynesborothriftstore@valleymission.net</a>	Offer low-cost, gently used household goods, clothing, and furniture.

## Recreation and Enrichment Services

ORGANIZATION NAME	CONTACT PERSON	NUMBER/EMAIL	RELEVANT INFORMATION
<b>Augusta County Library</b>	Reference Desk	(540)-885-3961	<b>Mon, Wed, Fri &amp; Sat: 10am-5pm. Tue &amp; Thu: 10am-8pm.</b> On-site and virtual services for adults/youth

1759 Jefferson Hwy, Fishersville 22939		(540) 949-6354 <a href="mailto:ask@augustacountylibrary.org">ask@augustacountylibrary.org</a>	including renting books, movies, CDs, virtual resources, printing, copying, and faxing. Computer usage, mobile hotspots, variety of programs, ancestry library, sources for homeschooling, subject bundles, and tutoring network.
<b>Augusta County Parks and Recreation</b> 18 Government Center Lane, Verona 24482	Front Desk	(540) 245-5727 parksrec@co.augusta.va.us	Maintain several parks and facilities throughout the county that can host a wide range of activities. Also offer trips within the state and beyond.
<b>Augusta County Volunteer Fire &amp; Rescue Services</b>	Minday M. Craun	(540) 245-5623 ext. 5 mcraun@co.augusta.va.us	Seeking volunteers to help the fire department and rescue squads that serve Augusta County, Staunton, and Waynesboro.
<b>Churchville Branch Library</b> 3714 Churchville Avenue	Front Desk	(540) 245-5287	Mon, Wed & Fri: 10am-5pm. Tue & Thu: 11am-7pm.
<b>City of Staunton Parks</b>	Christopher Tuttle	(540) 332-3945 tuttlecj@ci.staunton.va.us	<b>Betsy Bell Wilderness Park-</b> 525 Betsy Bell Rd., Staunton. 6am-dusk. Includes nature trails, overlook, and picnic tables. <b>Landes Park-</b> located at intersection of Church St and Middlebrook Ave., 6am-11pm. Includes park benches. <b>Reservoir Hill Park-</b> located at intersection of North Madison and North Jefferson Streets, 6am-11pm. <b>Men's Green Thumb Park-</b> located on right where Richmond Ave and Greenville Ave meet before the underpass. 6am-11pm. <b>Knowles Park-</b> on Churchville Ave directly across from main entrance of Gypsy Hill Park, 6am-11pm. <b>Woodrow Park-</b> 4 Sears Hill Rd., Staunton. 6am-11pm. Includes scenic overlook of historic downtown Staunton.
<b>City of Waynesboro Parks</b>	Dwayne Jones	540) 942-6735 <a href="mailto:parksandrec@ci.waynesboro.va.us">parksandrec@ci.waynesboro.va.us</a>	Basic Park- 1405 Genicom Dr., off of Hope Parkway. Open sunrise to sunset. Fishing only for children 15 and under from April 1 to June 15, otherwise open to all ages. Also includes picnic shelter. Constitution Park- 101 Short St. or 207 E. Main St. Open sunrises to sunset. Farmers market occurs each Saturday 9am-12pm May-September. Special events include concerts, festivals, car shows, and Civil War reenactments. Includes numerous soccer activities. Coyner Springs Park- 2091 Lyndhurst Rd. Open sunrise to sunset. Includes picnic area, several nature trails, a leash-free dog park, and a 9-hole disc golf course. North Park- 800 Bridge Ave. Open sunrise to sunset. Includes picnic areas, youth baseball, basketball, and playground. Ridgeview Park- 700 S. Magnolia Ave. Open sunrise to sunset. Benches line the bank of the South River. Includes several gardens and a variety of nature trails. Includes baseball fields, fishing pier, pickleball courts, soccer fields, tennis courts, and the War Memorial Pool. Rife Park- 801 Lyndhurst Rd. Open sunrise to sunset. Includes picnic areas, fishing, two picnic tables, and a boat ramp.
<b>Craigsville Library Station</b> 18 Hidy St.	Front Desk	(540) 997-0280	Tue & Thu: 1pm-6pm. Wed: 12pm-5pm. Sat: 11am-2pm.
<b>Deerfield Library Station</b> 59 Marble Valley Road	Front Desk	(540) 939-4123	Tue & Thu: 1pm-7pm.
<b>Embrace Waynesboro Community Center</b> 932 Fir St., Waynesboro 22980	Front Desk	(540) 324-7006	Have community gardens and a prayer labyrinth, a Dinner Church gathering, outreach programs, teen tutoring center, neighborhood events, community meals, a public meeting space, educational classes, support groups, and more.

<b>Gypsy Hill Golf Club</b> 1 Deaver Dr., Staunton 24401	Wes Allred	(540) 332-3949	M-Th after 2pm: \$20 includes cart and green fee or \$10 green fee only. M-Th after 5pm: \$15 includes cart and green fee or \$10 green fee only. Fri-Su after 2pm: \$25 includes cart and green fee. 18-hole cart fee \$15, 18-hole green fee \$15 M-Th, \$20 Fri-Su. 9-hole cart fee \$10, 9-hole green fee \$10.
<b>Gypsy Hill Park</b> 600 Churchville Ave., Staunton 24401	Christopher Tuttle	(540) 332-3945 tuttlecj@ci.staunton.va.us	Park hours 4am-11pm. Includes dog park, bandstand, fishing at Lake Tams, Staunton Memorial Stadium, picnic shelters, grills and picnic tables, baseball fields, basketball courts, fitness station, horseshoes, playgrounds, tennis courts, volleyball courts, duck pond, and historical center. Gypsy express mini-train- 1-5pm Sat/Sun May-October, tickets \$1/person. Action skate park- M-Th 6am-8pm, Fri/Sat 6am-dusk.
<b>Jumbo Museum</b> 500 North Augusta St., Staunton 24401	Front Desk	(540) 332-3886	<b>Hours 8am-7pm.</b> "Jumbo" is a 1911 Robinson Chemical Fire Engine completely restored by the City of Staunton Volunteer Fire Department. It is the only surviving truck of its kind in existence. The museum, founded in 1982, houses a collection of fire service items, some from the Civil War era.
<b>Mabry Hill Trip through Augusta Rec</b> Meadow of Dan, VA	<a href="http://www.augustarec.com">www.augustarec.com</a>	(540) 245-5727	<b>Friday, June 2 8am-5pm. \$32/person.</b> Explore historic Mabry Mill. Experience live milling demonstrations. Free time provided to view nearby Matthews Cabin, blacksmith shop, and interpretive area where staff conduct demonstrations on blacksmithing, carding, spinning, basket making, and other traditional Appalachian crafts. Fee includes transportation. <b>Register by May 18.</b>
<b>Middlebrook Library Station</b> 3698 Middlebrook Rd.	Front Desk	(540) 885-1008	Tue: 10am-2pm. Thu: 2pm-6pm. Sat: 10am-2pm.
<b>Monacan Indian Nation Powwow Trip through Augusta Rec</b> Monroe, VA	<a href="http://www.augustarec.com">www.augustarec.com</a>	(540) 245-5727	<b>Saturday, June 3 10am-4:45pm. \$32/person.</b> Members of various Native American nations come together in Monroe for the annual powwow. Learn about Monacan tribe through traditional dances in their customary garb. Vendors will have Native American food and crafts available for purchase. Fee includes transportation and admission. Register by May 18.
<b>Music Series- Groovin' Greenway at Constitution Park</b> 101 Short St.	Dwayne Jones	540) 942-6735 <a href="mailto:parksandrec@ci.waynesboro.va.us">parksandrec@ci.waynesboro.va.us</a>	Music series Thursdays May-July at 6pm.
<b>Natural Bridge Trip through Augusta Rec</b> Natural Bridge, VA	<a href="http://www.augustarec.com">www.augustarec.com</a>	(540) 245-5727	<b>Wednesday, May 24 9am-2:30pm. \$25/person.</b> Group will have guided tour. Time will be provided to explore indoor exhibits and gift shop. Fee includes transportation, admission, and tour. <b>Register by May 9.</b>
<b>Old Town Winchester Trip through Augusta Rec</b> Winchester, VA	<a href="http://www.augustarec.com">www.augustarec.com</a>	(540) 245-5727	<b>Wednesday, May 31 10am-5pm. \$25/person.</b> Discover shops, restaurants, centuries-old architecture, and numerous historical landmarks and museums in Old Town Winchester. Fee includes transportation.
<b>Park and Fishing Locations</b> Augusta County Parks and Recreation	<a href="http://www.augustarec.com">www.augustarec.com</a>	(540) 245-5727	<b>Augusta Springs Park-</b> 201 Augusta Springs Rd., Craigsville. Includes picnic shelter, walking trail, playground, and basketball court. <b>Crimora Park-</b> 1648 New Hope-Crimora Rd., Crimora. Includes picnic shelter, walking trail, playgrounds, fishing, and river access. <b>Deerfield Park-</b> 59 Marble Valley Rd., Deerfield. Includes picnic shelter, walking trail, playground, basketball court, and volleyball net. <b>Dooms Crossing-</b> South River Access- 43 Dooms Crossing Rd., Waynesboro. Includes river access and fishing. <b>Stuarts Draft Park-</b> 96 Edgewood Ln, Stuarts Draft. Includes picnic shelter, walking trail, playground, baseball fields, soccer fields, pool, performance stage. <b>Natural Chimneys Park &amp; Campground-</b> 94 Natural Chimneys Ln., Mt. Solon. Includes seasonal camping, picnic shelters, walking and hiking trails, playground, performance stage, pool, volleyball net, basketball

			court, fishing, and river access. <b>The Trails and Mill Place</b> - 68 Centerview Dr., Verona. Includes picnic shelter, walking trail, and fishing.
<b>Rosenwald Community Center</b> 413 Port Republic Rd, Waynesboro 22980	Dwayne Jones	(540) 942-6735 <a href="mailto:parksandrec@ci.waynesboro.va.us">parksandrec@ci.waynesboro.va.us</a>	M-F 8am-5pm. Includes public meeting rooms, gymnasium, arts and crafts rooms, preschool rooms, dance room, and exercise room. Teen Room and Game Room for ages 12 and older. Open by appt only (between 10:30am-3:30pm). Limit 6 people. Open Gym for middle-schoolers and older. Open by appt only (1 hr. slot between 10:30am-3:30pm). Limit 10 people.
<b>Rosenwald Open House- Block Party</b> 413 Port Republic Rd, Waynesboro 22980	Dwayne Jones	540) 942-6735 <a href="mailto:parksandrec@ci.waynesboro.va.us">parksandrec@ci.waynesboro.va.us</a>	Saturday, May 6 from 1pm-4pm. Free to attend and will include live music, food truck, and activities.
<b>Shenandoah Art Therapy, LLC.</b> 1835 Rosser Ave Suite 2, Waynesboro 22980	Laura Tuomisto	(540) 255-1458	Useful in trauma processing or if words cannot describe or make sense of your experiences. For children, adults, and geriatrics, offer groups and workshops. Does not accept insurance but CSA providers (social workers) can request individuals to work with them.
<b>Staunton-Augusta YMCA</b> 708 North Coalter St., Staunton 24401	Josh Cole	(540) 885-8089 info@saymca.org	M-F 5:30am-9pm. Sat 7am-7pm. Sun 1pm-7pm. Programs including adult and youth sports, fitness classes, health and wellness, aquatics, and senior activities. Offer financial assistance though financial assistance program. Membership prices included on website.
<b>Stuarts Draft Library Station</b> Broadmoor Plaza, Suite #107	Front Desk	(540) 569-2683	Tues, Wed & Thu: 10am-6pm. Sat: 12pm-5pm.
<b>Sunset Spectacular</b>	Dwayne Jones	540) 942-6735 <a href="mailto:parksandrec@ci.waynesboro.va.us">parksandrec@ci.waynesboro.va.us</a>	July 8, 2023 there will be a special fireworks display shot off from the top of Sunset Park. Can join at Constitution Park from 6pm-9:30pm for live music and a food truck.
<b>Waynesboro YMCA</b> 648 S Wayne Ave., Waynesboro 22980	Front Desk	(540) 943-9622 jeff@waynesboroymca.com	M-F 5am-9pm, Sat 7am-5pm, Sun 12pm-5pm. The YMCA does not turn anyone away due to the inability to pay, if you need assistance with membership or program fees, stop by the Front Desk. Membership per household \$80/mo., family \$67/mo., couple \$60/mo., adult (30-61) \$40, young adult (19-29) \$30. Membership includes recreational use of facilities, free fitness classes, substantial discounts on special classes and program fees, and free kid's place service for family memberships.
<b>Weyers Cave Library Station</b> 51 Franklin St.	Front Desk	(540) 453-4920	Tue & Thu: 12pm-6pm. Wed: 10am-5pm. Sat: 12pm-4pm.
<b>Yoga for Mood Management through Augusta Rec</b> Government Center- Activity Room	<a href="http://www.augustarec.com">www.augustarec.com</a>	(540) 245-5727	<b>Tuesdays May 9-23 6-7pm. \$14/person.</b> Yoga for mood management. Participants will learn a variety of evidence-based practices and interventions to boost energy, create a calm and focused mind, balance your mood and improve your overall state of mind and wellbeing.





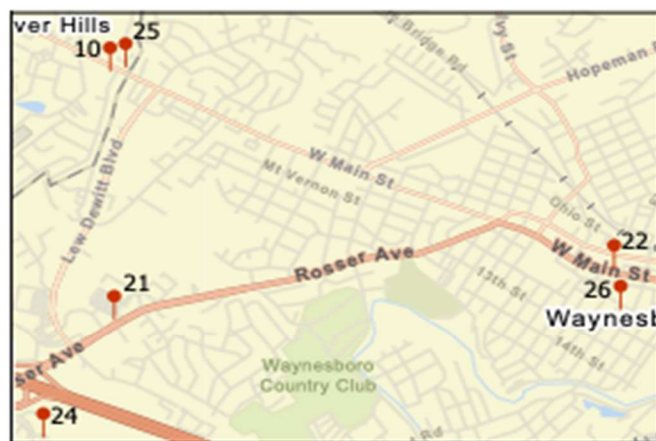
# **APPENDIX A:**

## **Locator Maps**

# Behavioral Health Providers

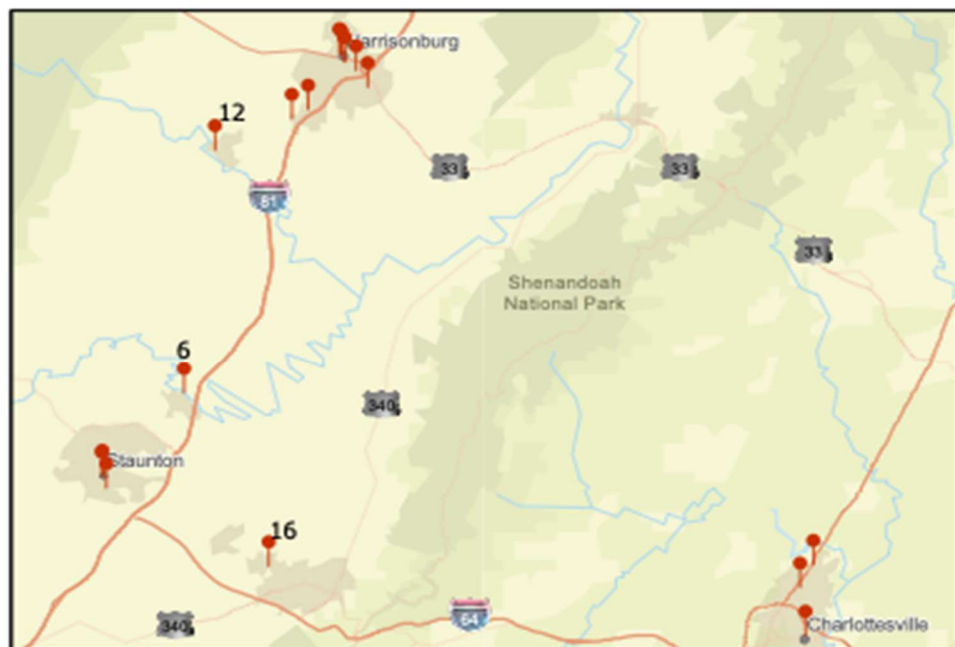
## Adult Agencies

<b>1</b>	<b>Arrow Project</b>
2	Brightview
3	BHG Staunton
4	DARS (Aging/Rehabilitative Services)
5	Health Connect America (HCA)
6	Region 10
7	Spero Health
8	Valley Community Services Board (VCSB)
9	322 Counseling Group
10	Allied Transformations
11	Augusta Health Behavioral Health
12	Augusta Health Crossroads
13	Augusta Psychological Associates
14	Bridgewater Counseling Services, PC
15	Comprehensive Behavioral Health
16	Cross Keys Equine Therapy
17	Family Life Resource Center
18	Hall Community Services
19	Peaceable Life Therapeutic Services, Inc.
20	Shenandoah Psychological Services
21	Shenandoah Art Therapy, LLC
22	Shenandoah Valley Counseling Center
23	Tasso Counseling
24	Trinity Counseling Service
25	Valley Hope Counseling Center
26	Valley Pastoral Counseling Center

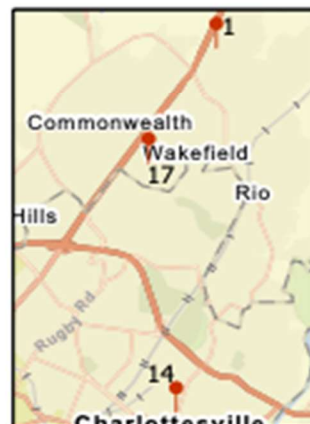


Courtesy of Pathways Program

# Behavioral Health Providers Adolescent Agencies



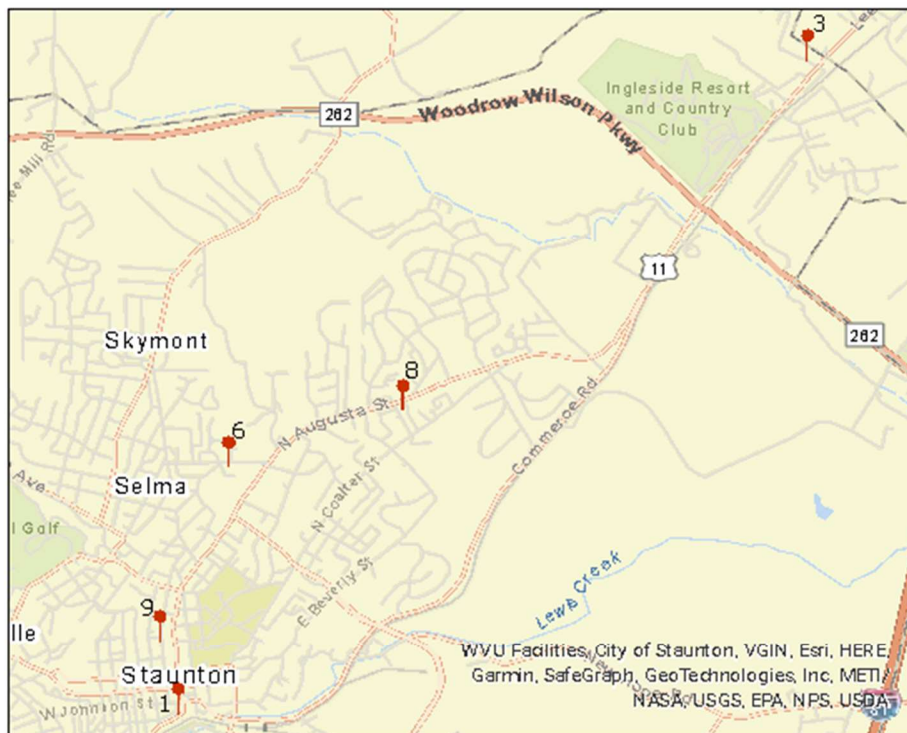
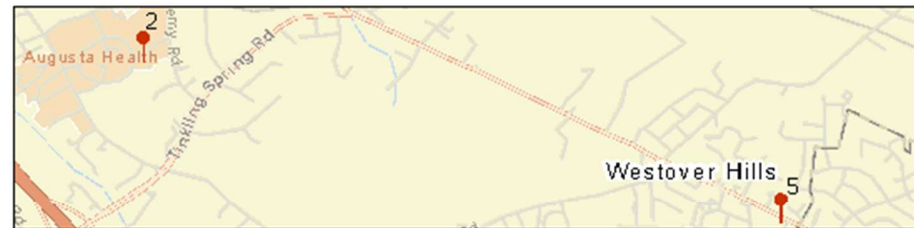
1	Acorn Health
2	Big Brothers Big Sisters
3	Brannon Weeks, Sentara Behavioral Health
4	Compass Behavioral Solutions
5	Compass Behavioral Solutions
6	Family Preservation Services
7	First Step: A Response to Domestic Violence
8	Health Connect America (HCA)
9	Intercept Health
10	National Counseling Group
11	New Directions Center
12	Scott Mandeville, PC
13	SexEdVA
14	South Central Counseling Group
15	Tracy Wulff, Sentara Healthcare
16	Valley Hope Counseling Center
17	Virginia Institute of Autism



Courtesy of Pathways Program

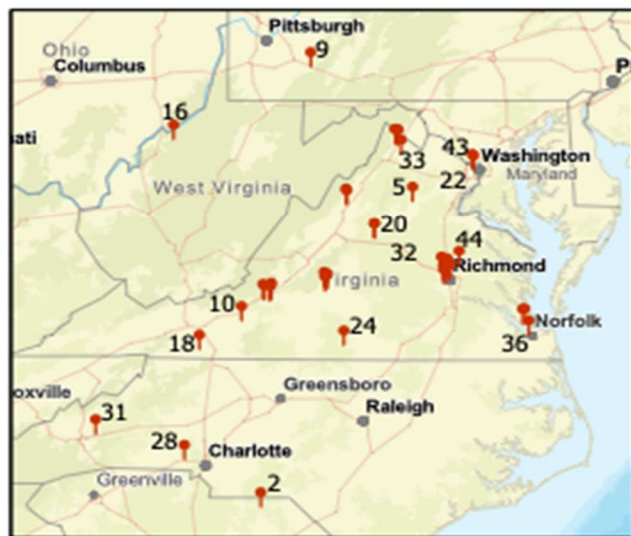
# Substance Use Disorder Providers Outpatient Program

1	ARROW Project
2	Augusta Health
3	BHGG Staunton
4	Brightview
5	Mid-Atlantic Recovery Center
6	SaVida Health Staunton
7	Sobrius- Drug and Alcohol Addiction Treatment Center
8	Spero Health
9	Valley Asap



Courtesy of Pathways Program

# Substance Use Disorder Providers Adult Residential Therapy



1	Abraham Youth and Family Services
2	Ace Recovery for Men
3	Bethany Hall for Women
4	Blue Ridge Behavioral Healthcare
5	Boxwood Recovery Center
6	Bridging the Gaps
7	Broad Highway Recovery Interventions for Men
8	DBHDS- Office of Recovery Services
9	Dream Life Recovery
10	Eagles Nest Regeneration (Christian)
11	Edge Hill Retreat Center
12	Elm House (Christian)
13	Forest Hill ARTS
14	Gemeinschaft Home for Men's
15	Gemeinschaft Home for Women's
16	Harmony Ridge Recovery Center
17	HBH Recovery Residence for Women
18	Life Center of Galax
19	McShin Foundation
20	Mohr Center for Men
21	Mount Regis Center
22	National Capital Treatment & Recovery
23	New Life for Youth (Christian)

1	Abraham Youth and Family Services
24	New Vision
25	Pathways Residential Treatment Center
26	Peter's Place RVA Recovery
27	Pinnacle- Leesburg Treatment Services
28	Pyramid Healthcare Freedom- Freestanding Detox
29	Pyramid Healthcare Newport News Treatment Center
30	RBHA Hope
31	Recovery Ventures
32	Region 10 Community Services Board
33	Rivendell Recovery Center
34	Roads to Recovery
35	Roanoke Rescue Mission (Christian)
36	Safe Harbor Recovery Center
37	Southeast Virginia Family Project for Women
38	The Healing Place
39	The Recovery Connection for Women
40	Valley Health Inpatient Behavioral Health Services
41	Veterans Administration Medical Center- Salem
42	Virginia Association of Recovery Residences
43	Virginia Health Center
44	Williamsville Wellness



Courtesy of Pathways Program

# Food Assistance



Number	Name
1	Allen Chapel AME Church
2	Augusta Health Food Pantry
3	Bethany United Methodist Church
4	Blue Ridge Area Food Bank
5	Calvary Baptist Church
6	Calvary United Methodist Church
7	Central United Methodist Church (Central Feeding Ministry)
8	Churchville Community Food Pantry
9	Community Touch Food Pantry
10	Crimora United Methodist Church
11	ERMA Food Pantry
12	Fishersville United Methodist Church
13	First Baptist Church
14	First Presbyterian Church
15	Glen Kirk Presbyterian Church
16	Kingsway Help Center
17	Linden Heights Baptist Church
18	Lyndhurst United Methodist Church
19	Main Street United Church
20	Marquis Memorial United Methodist Church
21	Martha's Meals on Wheels
22	Massie Memorial Church of God in Christ
23	Meals on Wheels- Valley Program for Aging Services
24	Mint Springs United Methodist Church
25	Reedeeming Life Ministries
26	Salvation Army (Staunton)
27	Salvation Army (Waynesboro)
28	Second Presbyterian Church (Disciples Kitchen)
29	Seventh Day Adventist Church
30	Shiloh Baptist Church
31	Staunton Augusta Church Relief Association (SACRA)
32	Trinity Episcopal Church
33	Valley Mission
34	Verona Community Food Pantry
35	Verona United Methodist Church
36	Virginia Fresh Match (Project GROWS)
37	West Waynesboro Church of Christ

Courtesy of Pathways Program